CYCLING IRELAND - UCI eSPORTS WORLDS CONSIDERATION RACE

RACE FORMAT: Points Scratch Race

This will be run in parallel with Round 8 of the Cycling Ireland Winter League 2022 promoted by Team RWB. The only difference on Race day is that riders that want to be part of Cycling Ireland's UCI eSports Worlds Team selection consideration will be racing for all Primes in the race (detailed below). Points will be scored on all primes and also Finishing points also being awarded (detailed below). Only those meeting the required protocols detailed in this document can score FAL points which means Riders need to provide verification on the morning of the race 2nd December 2022.
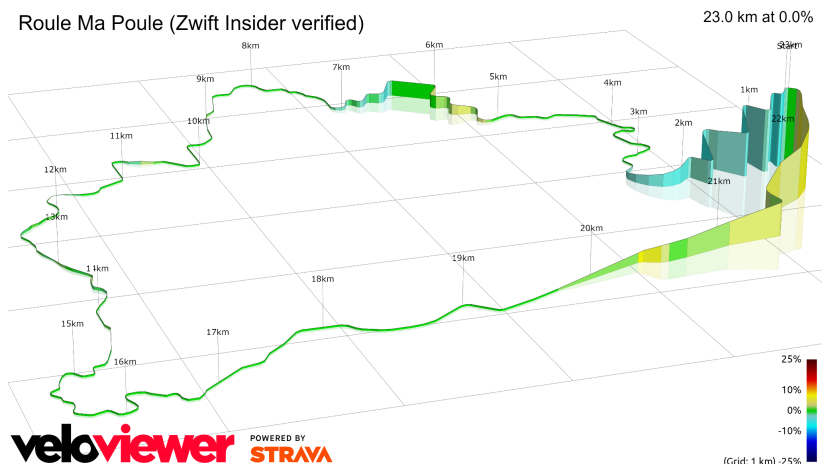
ROUTE: Roule Ma Poule

LAP DISTANCE: 22.89 km
LAP ASCENT: 155 m
LEAD-IN DISTANCE 4.31 km
LEAD-IN ASCENT: 108 m
 # OF LAPS: 1

Roule Ma Poule (Zwift Insider verified)

FINISHING POINTS
30, 25, 20, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1

FIRST ACROSS THE LINE POINTS (FAL)
5, 4, 3, 2, 1

PRIMES:
- Aqueduc KQOM
- Pave Sprint
- Marina Sprint

With the UCI eSports worlds selection date fast approaching (8th December) Cycling Ireland are pleased to release the selection mechanism that will be used to select the final team.

1. Past performances on zwift over the past 4-6 months
2. Performance in nominated selection consideration race
3. Power profile suited to the world championship format

On the back of the successful CI zwift race series run in conjunction with RWB we will be using the final race of the series as one of the 3 selection considerations noted above.

For anyone wishing to be considered as part of the selection process they must race under the following additional requirements as used by all Zwift Racing Athletes in the recent Continental Qualifier events and provide the required evidence on the morning of the event.

Riders will need to complete this Web Form https://forms.gle/VuQkdWD6EueXu9Pb9 to submit their data up until midday on the 2nd Dec 2022.

- Must be a Member of CI
- Height / Weight verification
- Must dual record (Provide data within 90mins post event)
- Must wear Heart Rate Monitor
- Must be Over 18 Years of Age

1. Zwift ID, Name, Athletic Profile, Weight and Height Videos, Team:
Please provide your personal information. YouTube videos need to be set as "unlisted". Details on how to complete the Height and Weight video can be found here: https://zwift.com/p/zwift-cycling-esports-rules/

2. Smart trainer information:
Please provide details of Smart Trainer such as Manufacture, Type, Model, Version, Serial Number, Firmware, Calibration Factor, Pictures of the smart trainer with your bike set up and of the serial number.

Your smart trainer model, firmware version, serial number, slope number or calibration factor can be found in the app for your device and on your trainer.

IMPORTANT: The UCI regulation states that only the following direct drive trainers are acceptable power sources using the most current up to date firmware:

Permitted Smart Trainers/ Bikes:
- Tacx NEO 2
- Tacx NEO 2T
- Tacx NEO Smart Bike
- Elite Justo
- Wahoo Kickr v6 (2022) or v5 (2020)
- Wahoo Kickr Smart Bike v2 (2022) or v1 (2019)
- The Next Generation WattBike Atom (2020)

3. Power meter Information (secondary power source) and Bike Computer/Head unit details:
Please provide details of the power meter such as Manufacture, Type, Model, Version, Serial Number, Firmware, Calibration Factor, Slope, pictures of the power meter on the Zwift setup bike and a picture of the serial number.

Your power meter model, firmware version, serial number, slope number or calibration factor can be found in the app for your device and on your power meter.

ROUTE NOTES

KM		END	Distance	Slope	Notes	Points
0.2	Start lower slopes of Climb	**3.0**	2.8km	5%	No Kom but draggy	
1.8	Ignore KOM start marker					
3.1	Descend Petit KQOM	**5.9**			Collect PU at 3.2km banner	
5.8	Flat section towards Aqueduc					
8.8	Start of Aqueduc KQOM	**9.3**	420m	3%	Collect PU	FAL
10.8	Pave Sprint	**11.1**	330m		Collect PU	FAL
21.9	Marina Sprint	**22.2**	340m		Collect PU	FAL
23.3	Start Final Climb					
24.9	Ventoux KQOM Marker				Signals 1.3km to finish	
26.2	Finish					