



Road Race Championships 2023

22nd – 25th June

Hosted By



Proudly Supported by



Comhairle Ceantair
Lár Uladh
Mid Ulster
District Council



RACE HEADQUARTERS

Race HQ Killymaddy Centre (Panda Playgroup)
Address 190 Ballygawley Road, Dungannon, BT70 1T
Parking Overflow Parking is available on the Ballygawley Road



	Race HQ	Killymaddy Centre - BT70 1TF
	Participant Parking	Killymaddy Centre - BT70 1TF
	Timing Chip Collection	Killymaddy Centre - BT70 1TF
	Radio Collection / Return	Killymaddy Centre - BT70 1TF
	Race Start	Killymaddy Centre - BT70 1TF
	Finish Line	Woodlough Road, Dungannon - BT70 1RR
	Medical	Static Ambulance 300m After Finish Line
	Toilets	Killymaddy Centre - Carpark
	Disabled Toilets	Behind Killymaddy Centre
	Anti Doping	Killymaddy Centre - BT70 1TF
	Marshal Briefing	Killymaddy Centre - Island Wheelers Gazebo in Carpark

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TIME TABLE OF EVENTS

Date	Start Time	Category	Opening Circuit	No. Laps (Short Circuit)
Thursday 22/06/2023	18:30	TIME TRIAL	TIME TRIAL	
Saturday 24/06/2023	09:00	Junior Men	1	4 Laps
	13:00	Elite (U23) Women	1	4 Laps
Sunday 25/06/2023	08:00	Junior Women	N/A	3 Laps
	10:30	U23 Mens	1	6 Laps
		Mens Elite		

KEY EVENT PERSONNEL

Race Director	Garry Nugent
Commissaire President	Paul Watson
Event Co-Ordinator	Jim Kelly
Event Co-Ordinator	James McLaughlin
Event Co-Ordinator	Robbie Silcock
Chief Marshal	Aidan Lafferty
Chief Judge	Jack Watson
Race Doctor - Ambutran	Amy Irvine
Event Medical Co-Ordinator	Allistair Ferguson - Ambutran
Chip Timing – Pop Up Races	Brian Conroy
Photo Finish	David Mullen
Time Keeper – Road Race	Ian Barfoot
Finish Line Co-Ordinator	Gavin
C.I Events Co-Ordinator	Denise McKenna
Podium & Presentation Co-Ordinator	Cycling Ireland
Race Radios	T.B.C
Safeguarding Officer	Jim Kelly
Safety Officer	Robbie Silcock
Cammi Motorcycle Group	Richie McNamara

Time Trial

Thursday 22nd June 2023

Chief Commissaire	Paul Watson
Chief Comm - Driver	Jim Kelly
Comm 2	Martin Montague
Comm 2 – Driver	Mark Cullen
Comm 3	Aidan Higgins
Comm 3 - Driver	Gerry McVeigh
Chip Timing	Pop Up Races
Holder	Noel McLoughlin
Starter	Jim Kelly & David Heagney
Spotter	Barry Hayes
Time Keeper	Martin McKernon
2 nd Time Keeper	Gordon Parker & Alicja Černák
Finish Line Judge	Jack Watson
Chief Marshal	Aidan Lafferty
First Aid	Ambutran

Live Timing

Live timing will be available via <https://www.popupraces.ie/race/cycling-ireland-national-time-trial-championships-2023/>

Podium Arrangements

We will not be operating a “hot seat” and all Time-Trial presentations will take place 15 Minutes after the last rider has finished at Race HQ – BT70 1TF.

Follow Vehicles

All follow vehicles are to adhere to UCI Technical Regulation: UCI 2.4.023

For more information see: <https://www.uci.org/pressrelease/uci-regulations-for-road-cycling-changes-for-time-trials/1QmN4gRxrsgeQtgahAAfXr>

Time Trial – Anti Doping Procedure

Will be at Race HQ – BT70 1TF – Immediately after completion of an Individuals Race.

<u>TIME TRIAL - Schedule</u>	
Thursday 22/06/2023	Action
16:30 – 19:00	Collect Timing Chip and Arm Number at Race HQ (£50 Cash Deposit Required for Timing Chips*) Arm Numbers will be provided and MUST be placed on the left bicep facing forward
16:30 – 18:00	Follow Vehicles MUST Sign-On See UCI 2.4.023 for all Technical Regs
16:30 -17:30	Height Verification for those riders looking for Cat. 2 or 3 exemptions who are not listed on the UCI Database
17:00 - 18:00	Pre-Check of Bike Position available at Race HQ
18:00	Marshal Briefing - Stop Signs, Flags, Bibs & Whistles distributed
18:00	Commissaire Meeting Follow up from earlier "Microsoft Teams" Meeting
18:15	1st Rider to the Start
15 Minutes before Allotted Start Time	Riders must have bikes checked 15 minutes before their Allotted Start Time
18:31	TIME TRIAL STARTS
15 Minutes after last rider finishes	Podium presentation – RACE HQ – BT70 1TF
Media Interviews	Immediately following Podium Presentations

- **Timing Chips & Arm Numbers are to be returned at RACE HQ where your £50 Deposit will be returned.**

Time Trial Distance: 19.4 Miles or 31.2km
Elevation: 854 ft

Time Trial Cont...

Brief Description

Starting at Killymaddy Centre riders will head west along the Dungannon Road (Dir. Ballygawley). This is a fast opening 6.6 Miles to Time Check No.1 before taking left and left again onto the A4 Dual Carriageway. The A4 drags uphill towards our Time Check No.2 at 16.2 Miles as you leave the Dual Carriageway onto Killyliss Road. The final few miles are a little more technical with a tough drag up to the Finish Line on Woodlough Road after 19.4 Miles (31.2km)

We strongly recommend that ALL Time Trialists have a functioning Red Flashing Light fitted to the rear of their bike.

CYCLING IRELAND NATIONAL TIME TRIAL CHAMPIONSHIPS
Event HQ: Killymaddy Centre, Woodlough Road Dungannon
Route Summary: 19.4 Miles or 31.2 Km

Check in: 16:30 - 21:00
Depart: First Rider off 18:31
Team Manager Meeting: TBC

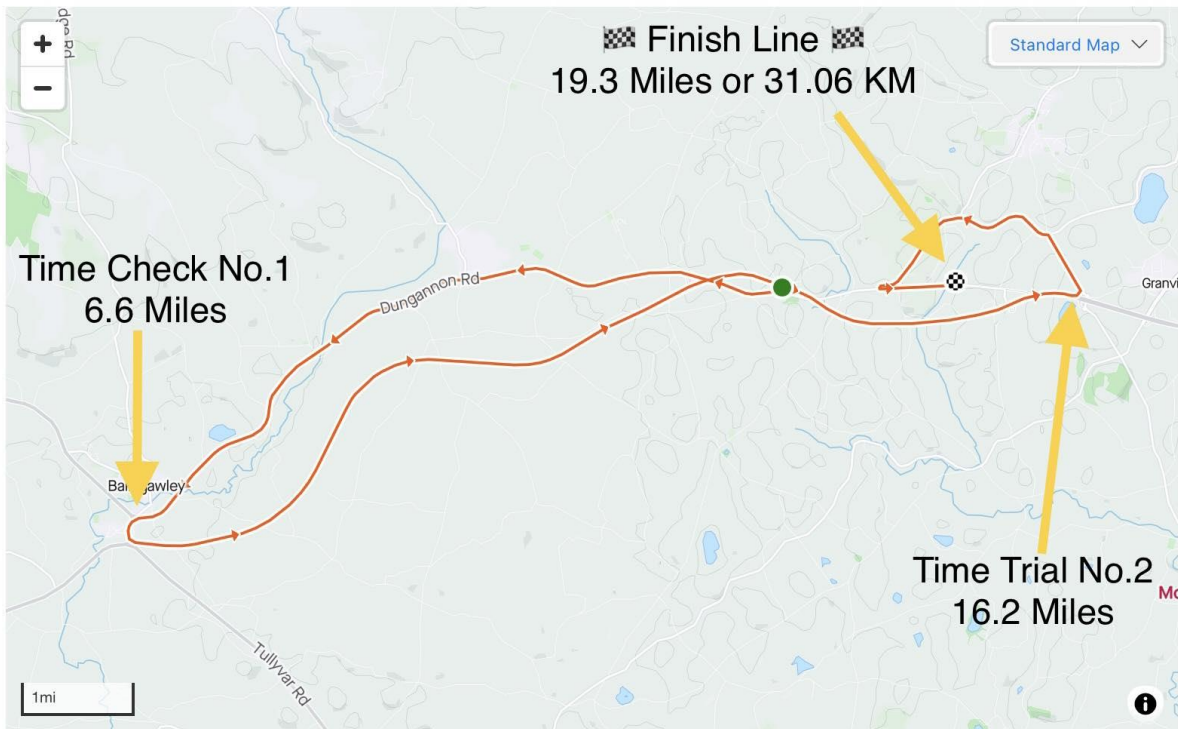


KM	Miles		Route			Schedule		
	From Start	To Finish	Description	Feature	Instruction	25 mph	27 mph	30 mph
0.0	0.0	19.4	Killymaddy Centre	RACE START	RACE START			
0.0	0.0	19.4	Dir. Ballygawley	Straight	Straight	00:00	00:00	00:00
10.6	6.6	12.8	1st Exit	Roundabout	1st Exit	00:15	00:14	00:13
10.9	6.8	12.6	1st Exit Dir. Belfast	Roundabout	1st Exit	00:16	00:15	00:13
20.3	12.6	6.8	A5 Off-Slip - STAY ON DUAL CARRIAGEWAY	Off-Slip	Straight	00:30	00:28	00:25
22.2	13.8	5.6	A5 Off-Slip - STAY ON DUAL CARRIAGEWAY	Off-Slip	Straight	00:00	00:00	00:00
25.3	15.7	3.7	A5 Off-Slip - STAY ON DUAL CARRIAGEWAY	Off-Slip	Straight	00:37	00:34	00:31
26.1	16.2	3.2	Exit A5 Killyliss Road - Dir. Parkanaur	Off-Slip	Left	00:38	00:36	00:32
26.2	16.3	3.1	Dir. Killyliss Road	T-Junction	Left	00:39	00:36	00:32
26.6	16.5	2.9	Descent	Descent	Straight	00:39	00:36	00:33
27.0	16.8	2.6	Dir. Old Ballygawley Road	T-Junction	LEFT	00:40	00:37	00:33
27.0	16.8	2.6	Caution - Poor Road Surface at Junction	Left	Left	00:40	00:37	00:33
30.1	18.7	0.7	Old Ballygawley Road - Sharp Left Turn	Sharp Corner	Left	00:44	00:41	00:37
31.2	19.4	0.0	FINISH - TIME TRIAL	FINISH	FINISH	00:46	00:43	00:38

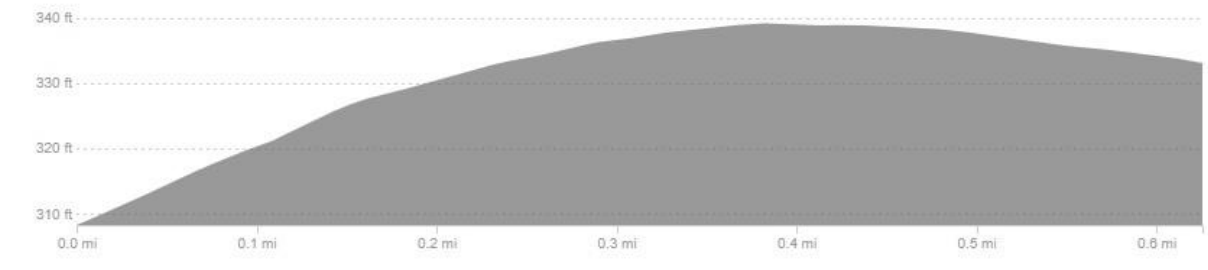
Time Trial Cont...

Strava Link

[2023 Irish National Championship TT | 19.3 mi Cycling Route on Strava](#)



Last KM Time Trial



Time Trial Start List



Cycling Ireland National Time Trial Championships 2023 - DUNGANNON - 22.06.2022

Start Time	Number	First name	Surname	Gender	UCI ID	Club/Team	Class	Factor
Note		All Handbikes must have lights and safety flag as per Cycling Ireland Regs						
18:30		Handbikes - Factored						
18:31	1	Galen	English	Male	10143556243	Bray Wheelers	MH3	97.21%
18:32	2	Seamus	Wall	Male	10011105672	Barrow Wheelers	MH4	100%
18:33	3	Ray	Murnane	Male	10115444835	Un-Attached Munster	MH4	100%
18:34	4	Allister	Macsorley	Male	10107781835	Un-Attached Ulster	MH4	100%
18:35	5	Declan	Slevin	Male	10009654312	Rosemount Cycling Club	MH3	97.21%
Note		All Cycles and Tandems must have rear light as per PSNI Regulations						
18:38		C Class - Factored						
18:38	6	Cormac	O Callaghan	Male	10116391900	O'Leary Stone Kanturk	MC1	86.02%
18:39	7	Ronan	Grimes	Male	10011225005	Orwell Wheelers Cycling Club	MC4	97.37%
18:40	8	Thomas	Murphy	Male	10017437853	Clonard RC	MC3	93.07%
18:41	9	Ivan	Naluswa	Male	10117282680	Lucan Cycling Road Club	MC5	100%
18:42	10	Chris	Burns	Male	10008444842	Banbridge CC	MC2	89.73%
18:43	11	Scott	Drummond	Male	10011225106	Cork County CC	MC2	89.73%
18:44	12	Richael	Timothy	Female	10069680942	Spin the Bean Power by Coffee	WC3	81.66%
18:45	13	William	Clifford	Male	10098559660	Galway Bay CC	MC4	97.37%
18:47		Para Tandems - Factored						
18:47	14	Josephine	Healion	Female	10116828400	Tullamore CTC	WB	87.74%
		Jennifer	Bates	Female	10015229586	Longcourt Hotel - NCW Wheelers		
18:49	15	Donnacha	Mc Carthy	Male	10096006237	Sandymount Dodder Wheelers	MB	100%
		Sean	Husband	Male	10143583929	Emyvale CC		
18:51	16	Damien	Vereker	Male	10011090316	Comeragh CC	MB	100%
		Marcin	Mizgajski	Male	10017549001	Spin the Bean Power by Coffee		
18:53		Junior Women						
18:53	17	Elena	Wallace	Female	10116023805	Harps CC		
18:54	18	Zoe	Lindsay	Female	10016774011	TC Racing		
18:55	19	Lucy	Brown	Female	10052710588	Phoenix CC		
18:56								
18:57	20	Lucy	Benezet Minns	Female	10131174292	Tofauti Everyone Active		
18:58								
18:59	21	Aine	Doherty	Female	10072729267	VC Glendale		
19:00								
19:01	22	Shauna	Finn	Female	10016680950	Arcane Cycling Team		
19:04		Junior Men						
19:04	23	Cal	Tutty	Male	10017215056	Dungarvan CC		
19:05	24	Conor	Prendergast	Male	10084146975	Galway Bay CC		
19:06	25	Eoghan	Lattimore	Male	10016802000	Dungarvan CC		
19:07	26	Joseph	Mullen	Male	10017448361	Navan Road Club		
19:08	27	Patrick	Casey	Male	10128124755	Anexo Group Race Team		
19:09								
19:10	28	Seth	Dunwoody	Male	10017008427	Cannibal B Victorious		
19:11								
19:12	29	Curtis	Neill	Male	10017439873	Team Caldwell Cycles		

Junior Men – Road Race

Saturday 24th June – Start Time 9:00am

Race Director	Garry Nugent
Chief Comm	Aidan Higgins
Comm 2	Martin Montague
Moto	James McLaughlin
Chief Judge	Jack Watson
Time Keeper	Ian Barfoot
Photo Finish	David Mullen
Neutral Service	Neil Teggart
Neutral Service 2	Niall O’Hagan

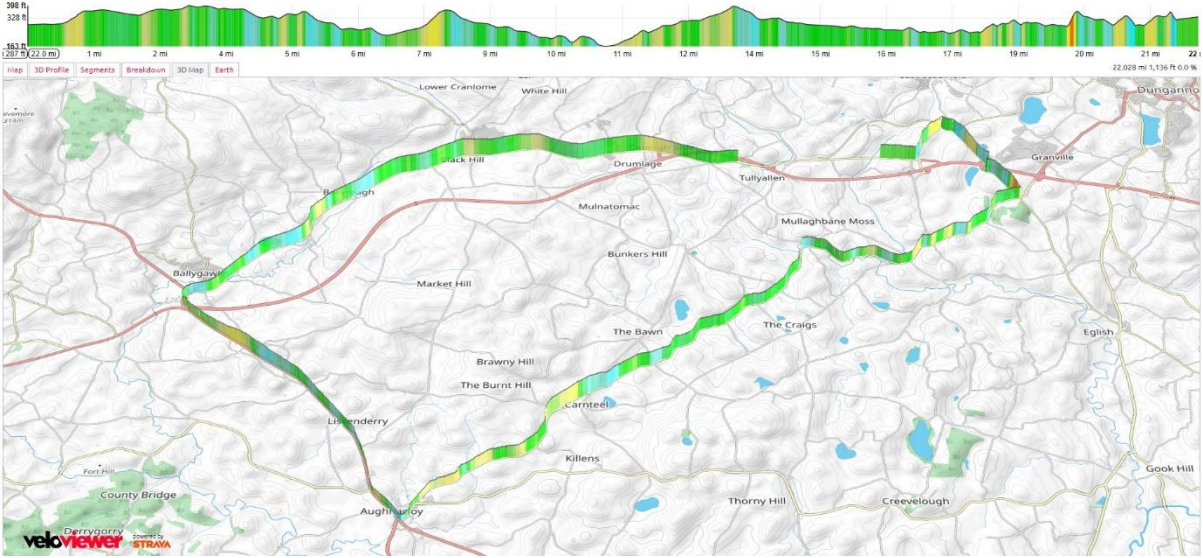
Rider Sign-on	07:30 – 08:30	Race HQ – £50 CASH Deposit required for Race Timing Chip
Team Managers Meeting	08:00	Race HQ – Killymaddy
Marshal Briefing	08:15	Race HQ – IWCC Gazebo. Signs, Bibs, Whistles & High-Vis Distributed
Rider Assembly	08:50	Race HQ – Killymaddy
Race Start	09:00	Race HQ – Killymaddy
Presentations	15 Minutes after 1 st Place finishes	Finish Line – Woodlough Road
Media Interviews	After Presentations	Finish Line – Woodlough Road
Return Timing Chips	Immediately after the race	Race HQ – You will be returned your £50 Cash Deposit

Race Details: 1 x Opening Loop followed by 4 x Laps
Race Distance: 74.9 Miles / 120.5Km with 4,794 ft Elevation
Opening Loop: [2023 Irish National Championship Opening Loop | 22.0 mi Cycling Route on Strava](#)
Race Circuit: [2023 Irish National Championships Road Race Circuit | 13.6 mi Cycling Route on Strava](#)
Live Feed: <https://www.popupraces.ie/race/cycling-ireland-junior-men-road-race-2023/>

Junior Men Road Race – Cont...

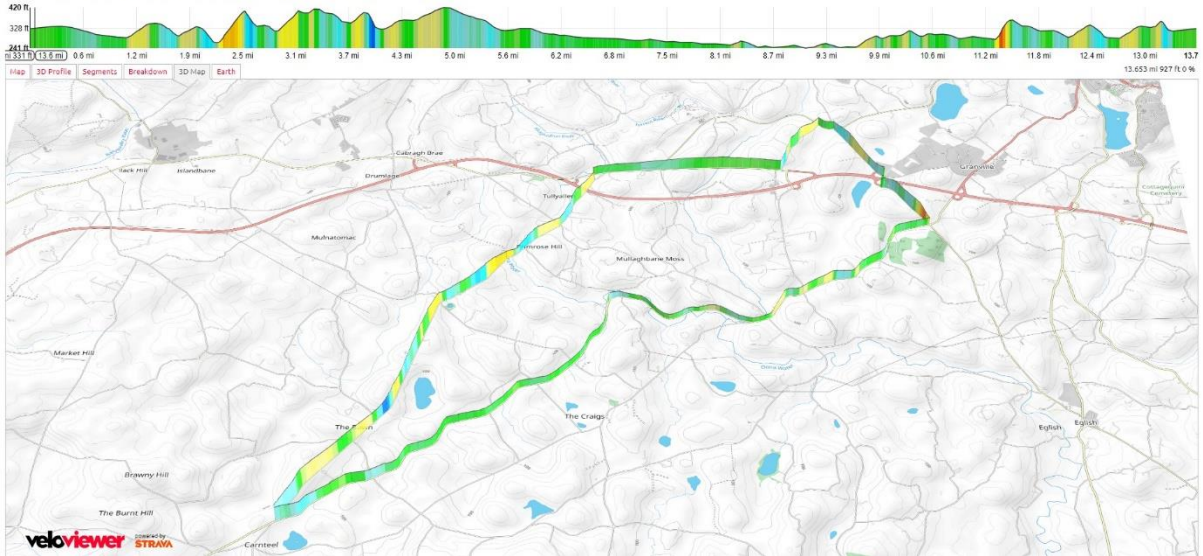
Opening Loop

2023 Irish National Championship Opening Loop

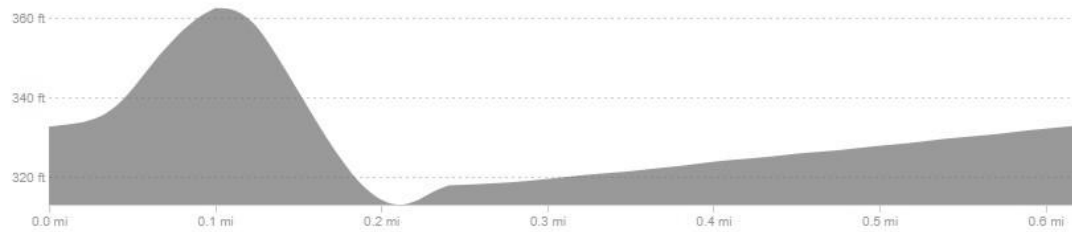


Race Circuit x 4 Laps

2023 Irish National Championships Road Race Circuit



Final KM



Junior Men Road Race – Cont...

CYCLING IRELAND NATIONAL ROAD CHAMPIONSHIPS - JUNIOR MEN
 Event HQ: Killymaddy Centre, Woodlough Road Dungannon
 Route Summary: 74.9 MILES - 4,794ft Elevation



Check in: 07:30AM - 08:30AM
 Depart: 09:00 AM
 Team Manager Meeting: 08:00



KM		Miles		Route			Schedule		
From Start	From Start	To Finish	Description	Feature	Instruction	25 mph	27 mph	30 mph	
						40.2 kmh	43.4 kmh	48.23 kmh	
0.0	0.0		Dir. Ballygawley - B34	Left	Left	09:00	09:00	09:00	
2.4	1.5		Race Start, National Speed Limit Signs						
0.0	0.0	74.9	Race Start, National Speed Limit Signs	RACE START	Rolling Start	09:00	09:00	09:00	
8.2	5.1	69.8	Dir. Aughnacloy - A5	Roundabout	1st Exit	09:12	09:11	09:10	
8.5	5.3	69.6	Dir. Aughnacloy - A5 Tullyvar Road	Roundabout	2nd Exit	09:12	09:11	09:10	
13.7	8.5	66.4	Dir. Aughnacloy	40 Mph Speed Limit	Straight	09:20	09:18	09:17	
14.2	8.8	66.1	Dir. Aughnacloy	30 MPH Speed Limit	Straight	09:21	09:19	09:17	
			CAUTION - AUGHNACLOY TOWN CENTRE	CAUTION	CAUTION				
14.8	9.2	65.7	DIR. Dungannon - B35	Left	Left	09:22	09:20	09:18	
15.8	9.8	65.1	National Speed Limit - 60mph		Straight	09:23	09:21	09:19	
19.2	11.9	63.0	Keep Right	Junction	Straight	09:28	09:26	09:23	
26.4	16.4	58.5	Dir. Dungannon - B35	Crossroads	Straight	09:39	09:36	09:32	
			CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT				
29.1	18.1	56.8	Dir. Killyliss Road	Left	Left	09:43	09:40	09:36	
29.9	18.6	56.3	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	09:44	09:41	09:37	
30.1	18.7	56.2	Dir. Killyliss Road	Roundabout	1st Exit	09:44	09:41	09:37	
30.4	18.9	56.0	Caution - Road Narrows	Road Narrows	Straight	09:45	09:42	09:37	
31.2	19.4	55.5	Dir. Ballygawley Road	Left	Left	09:46	09:43	09:38	
			Caution - Uneven Surface	Caution	Caution				
31.4	19.5	55.4	Dir. Reaskmore Road	Left	Left	09:46	09:43	09:39	
32.3	20.1	54.8	Dir. Woodlough Road	T-Junction	Right	09:48	09:44	09:40	
33.0	20.5	54.4	FINISH LINE - START OF LAP 1 OF 4	FINISH LINE	Straight	09:49	09:45	09:41	
34.6	21.5	53.4	Dir. Killymoyle Road	Left	Left	09:51	09:47	09:43	
35.6	22.1	52.8	Dir. Clontyclevin Road	Crossroads	Straight	09:53	09:49	09:44	
36.4	22.6	52.3	CAUTION - DESCENT INTO NARROW BRIDGE	Narrow Bridge	CAUTION				
36.9	22.9	52.0	Blind Summit		Straight	09:54	09:50	09:45	
37.5	23.3	51.6	Dir. Castletown Road	Crossroads	Straight	09:55	09:51	09:46	
41.0	25.5	49.4	Dir. B35 @ Carneel	T-Junction	Left	10:01	09:56	09:51	
48.3	30.0	44.9	Dir. Dungannon - B35	Crossroads	Straight	10:12	10:06	10:00	
51.0	31.7	43.2	CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT	10:16	10:10	10:03	
51.0	31.7	43.2	Dir. Killyliss Road	Left	Left	10:16	10:10	10:03	
51.8	32.2	42.7	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	10:17	10:11	10:04	
52.0	32.3	42.6	Dir. Killyliss Road	Roundabout	1st Exit	10:17	10:11	10:04	
52.3	32.5	42.4	Caution - Road Narrows	Road Narrows	Straight	10:18	10:12	10:05	
53.1	33.0	41.9	Dir. Ballygawley Road	Left	Left	10:19	10:13	10:06	
			Caution - Uneven Surface	Caution	Caution				
53.3	33.1	41.8	Dir. Reaskmore Road	Left	Left	10:19	10:13	10:06	
54.4	33.8	41.1	Dir. Woodlough Road	T-Junction	Right	10:21	10:15	10:07	
54.9	34.1	40.8	FINISH LINE - START OF LAP 2 OF 4	FINISH LINE	Straight	10:21	10:15	10:08	
56.5	35.1	39.8	Dir. Killymoyle Road	Left	Left	10:24	10:18	10:10	
57.5	35.7	39.2	Dir. Clontyclevin Road	Crossroads	Straight	10:25	10:19	10:11	
58.3	36.2	38.7	CAUTION - DESCENT INTO NARROW BRIDGE	Narrow Bridge	CAUTION	10:26	10:20	10:12	
58.7	36.5	38.4	Blind Summit		Straight	10:27	10:21	10:13	
59.4	36.9	38.0	Dir. Castletown Road	Crossroads	Straight	10:28	10:22	10:13	
62.9	39.1	35.8	Dir. B35 @ Carneel	T-Junction	Left	10:33	10:26	10:18	
70.2	43.6	31.3	Dir. Dungannon - B35	Crossroads	Straight	10:44	10:36	10:27	
72.9	45.3	29.6	CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT	10:48	10:40	10:30	
72.9	45.3	29.6	Dir. Killyliss Road	Left	Left	10:48	10:40	10:30	
73.7	45.8	29.1	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	10:49	10:41	10:31	
73.9	45.9	29.0	Dir. Killyliss Road	Roundabout	1st Exit	10:50	10:42	10:31	
74.2	46.1	28.8	Caution - Road Narrows	Road Narrows	Straight	10:50	10:42	10:32	
75.0	46.6	28.3	Dir. Ballygawley Road	Left	Left	10:51	10:43	10:33	
			Caution - Uneven Surface	Caution	Caution				
75.2	46.7	28.2	Dir. Reaskmore Road	Left	Left	10:52	10:43	10:33	
76.3	47.4	27.5	Dir. Woodlough Road	T-Junction	Right	10:53	10:45	10:34	
76.8	47.7	27.2	FINISH LINE - START OF LAP 3 OF 4	FINISH LINE	Straight	10:54	10:46	10:35	
78.4	48.7	26.2	Dir. Killymoyle Road	Left	Left	10:56	10:48	10:37	
79.3	49.3	25.6	Dir. Clontyclevin Road	Crossroads	Straight	10:58	10:49	10:38	
80.1	49.8	25.1	CAUTION - DESCENT INTO NARROW BRIDGE	Narrow Bridge	CAUTION	10:59	10:50	10:39	
80.6	50.1	24.8	Blind Summit		Straight	11:00	10:51	10:40	
81.3	50.5	24.4	Dir. Castletown Road	Crossroads	Straight	11:01	10:52	10:41	
84.8	52.7	22.2	Dir. B35 @ Carneel	T-Junction	Left	11:06	10:57	10:45	
92.1	57.2	17.7	Dir. Dungannon - B35	Crossroads	Straight	11:17	11:07	10:54	
94.8	58.9	16.0	CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT	11:21	11:10	10:57	
94.8	58.9	16.0	Dir. Killyliss Road	Left	Left	11:21	11:10	10:57	
95.6	59.4	15.5	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	11:22	11:12	10:58	
95.8	59.5	15.4	Dir. Killyliss Road	Roundabout	1st Exit	11:22	11:12	10:59	
96.1	59.7	15.2	Caution - Road Narrows	Road Narrows	Straight	11:23	11:12	10:59	
96.9	60.2	14.7	Dir. Ballygawley Road	Left	Left	11:24	11:13	11:00	
			Caution - Uneven Surface	Caution	Caution				
97.0	60.3	14.6	Dir. Reaskmore Road	Left	Left	11:24	11:14	11:00	
98.2	61.0	13.9	Dir. Woodlough Road	T-Junction	Right	11:26	11:15	11:02	
98.7	61.3	13.6	FINISH LINE - START OF LAP 4 OF 4	FINISH LINE	Straight	11:27	11:16	11:02	
100.3	62.3	12.6	Dir. Killymoyle Road	Left	Left	11:29	11:18	11:04	
101.2	62.9	12.0	Dir. Clontyclevin Road	Crossroads	Straight	11:30	11:19	11:05	
102.0	63.4	11.5	CAUTION - DESCENT INTO NARROW BRIDGE	Narrow Bridge	CAUTION	11:32	11:20	11:06	
102.5	63.7	11.2	Blind Summit		Straight	11:32	11:21	11:07	
103.2	64.1	10.8	Dir. Castletown Road	Crossroads	Straight	11:33	11:22	11:08	
106.7	66.3	8.6	Dir. B35 @ Carneel	T-Junction	Left	11:39	11:27	11:12	
113.9	70.8	4.1	Dir. Dungannon - B35	Crossroads	Straight	11:49	11:37	11:21	
116.7	72.5	2.4	CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT	11:54	11:41	11:25	
116.7	72.5	2.4	Dir. Killyliss Road	Left	Left	11:54	11:41	11:25	
117.5	73.0	1.9	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	11:55	11:42	11:26	
117.6	73.1	1.8	Dir. Killyliss Road	Roundabout	1st Exit	11:55	11:42	11:26	
118.0	73.3	1.6	Caution - Road Narrows	Road Narrows	Straight	11:55	11:42	11:26	
118.8	73.8	1.1	Dir. Ballygawley Road	Left	Left	11:57	11:44	11:27	
			Caution - Uneven Surface	Caution	Caution				
118.9	73.9	1.0	Dir. Reaskmore Road	Left	Left	11:57	11:44	11:27	
120.1	74.6	0.3	Dir. Woodlough Road	T-Junction	Right	11:59	11:45	11:29	
120.5	74.9	0.0	FINISH - JUNIOR MENS ROAD RACE	FINISH	FINISH	11:59	11:46	11:29	

Elite & U23 Women – Road Race

Saturday 24th June – Start Time 13:00

Race Director	Garry Nugent
Chief Comm	Paul Watson
Comm 2	Laura Wilson
Moto	Benner Maguire
Chief Judge	Jack Watson
Time Keeper	Ian Barfoot
Photo Finish	David Mullen
Neutral Service	Niall O’Hagan
Neutral Service 2	Neil Teggart

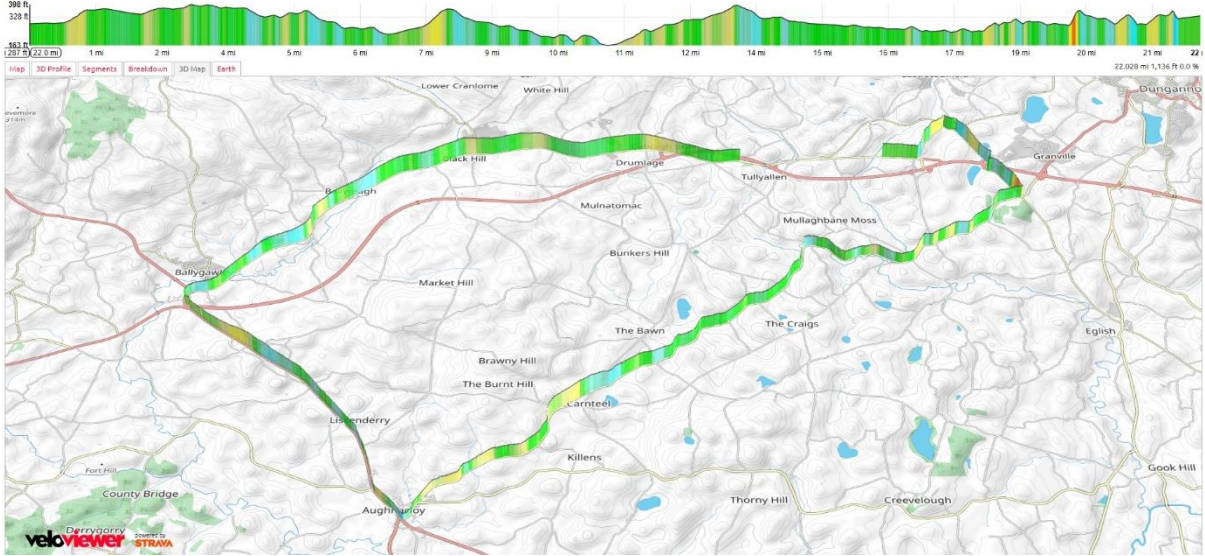
Rider Sign-on	11:30 – 12:30	Race HQ – £50 CASH Deposit required for Race Timing Chip
Managers Meeting	12:00	Race HQ – Killymaddy
Marshal Briefing	n/a	Marshals on course from Junior Men Road Race
Rider Assembly	12:50	Race HQ – Killymaddy
Race Start	13:00	Race HQ – Killymaddy
Presentations	15 Minutes after 1 st Place finishes	Finish Line – Woodlough Road
Media Interviews	After Presentations	Finish Line – Woodlough Road
Return Timing Chips	Immediately after the race	Race HQ – You will be returned your £50 Cash Deposit

Race Details: 1 x Opening Loop followed by 4 x Laps
Race Distance: 74.9 Miles / 120.5Km with 4,794 ft Elevation
Opening Loop: [2023 Irish National Championship Opening Loop | 22.0 mi Cycling Route on Strava](#)
Race Circuit: [2023 Irish National Championships Road Race Circuit | 13.6 mi Cycling Route on Strava](#)
Live Feed: <https://www.popupraces.ie/race/cycling-ireland-senior-womens-road-race-2023/>

Elite & U23 Women Road Race – Cont...

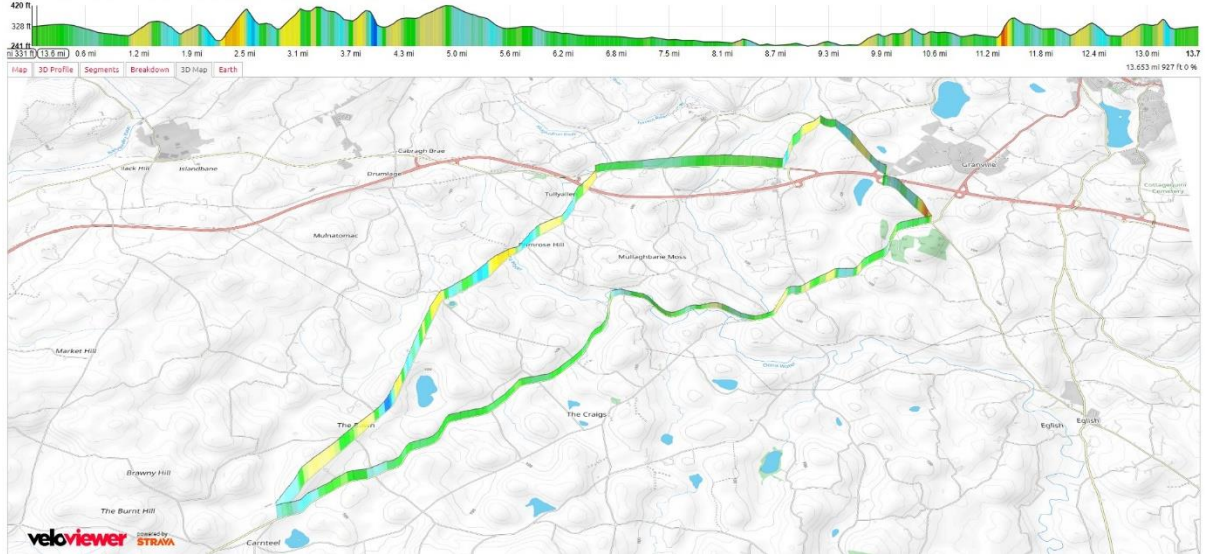
Opening Loop

2023 Irish National Championship Opening Loop

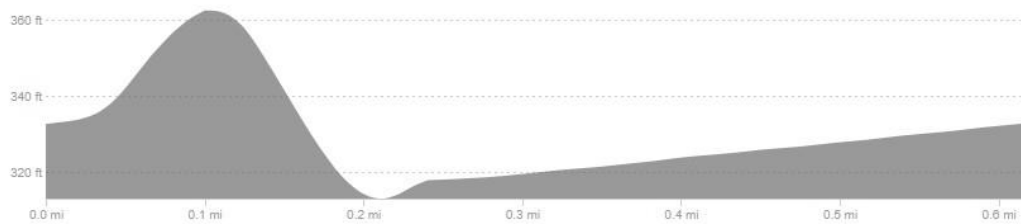


Race Circuit x 4 Laps

2023 Irish National Championships Road Race Circuit



Final KM



Elite & U23 Women Road Race – Cont...

CYCLING IRELAND NATIONAL ROAD CHAMPIONSHIPS - ELITE & U23 WOMEN
 Event HQ: Killymaddy Centre, Woodlough Road Dungannon
 Route Summary: 74.9 MILES - 4,794ft Elevation



Check in: 11:30 - 12:30
 Depart: 13:00
 Team Manager Meeting: 12:00



KM		Miles		Route			Schedule		
From Start	From Start	To Finish	Description	Feature	Instruction	25 mph 40.2 kmh	27 mph 43.4 kmh	30 mph 48.2 kmh	
0.0	0.0		Dir. Ballygawley - B34	Left	Left	13:00	13:00	13:00	
2.4	1.5		Race Start, National Speed Limit Signs						
0.0	0.0	74.9	Race Start, National Speed Limit Signs	RACE START	Rolling Start	13:00	13:00	13:00	
8.2	5.1	69.8	Dir. Aughnacloy - A5	Roundabout	1st Exit	13:12	13:11	13:10	
8.5	5.3	69.6	Dir. Aughnacloy - A5 Tullyvar Road	Roundabout	2nd Exit	13:12	13:11	13:10	
13.7	8.5	66.4	Dir. Aughnacloy	40 Mph Speed Limit	Straight	13:20	13:18	13:17	
14.2	8.8	66.1	Dir. Aughnacloy	30 MPH Speed Limit	Straight	13:21	13:19	13:17	
			CAUTION - AUGHNACLOY TOWN CENTRE	CAUTION	CAUTION				
14.8	9.2	65.7	Dir. Dungannon - B35	Left	Left	13:22	13:20	13:18	
15.8	9.8	65.1	National Speed Limit - 60mph		Straight	13:23	13:21	13:19	
19.2	11.9	63.0	Keep Right	Junction	Straight	13:28	13:26	13:23	
26.4	16.4	58.5	Dir. Dungannon - B35	Crossroads	Straight	13:39	13:36	13:32	
			CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT				
29.1	18.1	56.8	Dir. Killyliss Road	Left	Left	13:43	13:40	13:36	
29.9	18.6	56.3	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	13:44	13:41	13:37	
30.1	18.7	56.2	Dir. Killyliss Road	Roundabout	1st Exit	13:44	13:41	13:37	
30.4	18.9	56.0	Caution - Road Narrows	Road Narrows	Straight	13:45	13:42	13:37	
31.2	19.4	55.5	Dir. Ballygawley Road	Left	Left	13:46	13:43	13:38	
			Caution - Uneven Surface	Caution	Caution				
31.4	19.5	55.4	Dir. Reasmore Road	Left	Left	13:46	13:43	13:39	
32.3	20.1	54.8	Dir. Woodlough Road	T-Junction	Right	13:48	13:44	13:40	
33.0	20.5	54.4	FINISH LINE - START OF LAP 1 OF 4	FINISH LINE	Straight	13:49	13:45	13:41	
34.6	21.5	53.4	Dir. Killymoyle Road	Left	Left	13:51	13:47	13:43	
35.6	22.1	52.8	Dir. Clontyevlin Road	Crossroads	Straight	13:53	13:49	13:44	
			CAUTION - DESCENT INTO NARROW BRIDGE	Narrow Bridge	CAUTION				
36.9	22.9	52.0	Blind Summit		Straight	13:54	13:50	13:45	
37.5	23.3	51.6	Dir. Castletown Road	Crossroads	Straight	13:55	13:51	13:46	
41.0	25.5	49.4	Dir. B35 @ Carrteel	T-Junction	Left	14:01	13:56	13:51	
48.3	30.0	44.9	Dir. Dungannon - B35	Crossroads	Straight	14:12	14:06	14:00	
51.0	31.7	43.2	CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT	14:16	14:10	14:03	
51.0	31.7	43.2	Dir. Killyliss Road	Left	Left	14:16	14:10	14:03	
51.8	32.2	42.7	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	14:17	14:11	14:04	
52.0	32.3	42.6	Dir. Killyliss Road	Roundabout	1st Exit	14:17	14:11	14:04	
52.3	32.5	42.4	Caution - Road Narrows	Road Narrows	Straight	14:18	14:12	14:05	
53.1	33.0	41.9	Dir. Ballygawley Road	Left	Left	14:19	14:13	14:06	
			Caution - Uneven Surface	Caution	Caution				
53.3	33.1	41.8	Dir. Reasmore Road	Left	Left	14:19	14:13	14:06	
54.4	33.8	41.1	Dir. Woodlough Road	T-Junction	Right	14:21	14:15	14:07	
54.9	34.1	40.8	FINISH LINE - START OF LAP 2 OF 4	FINISH LINE	Straight	14:21	14:15	14:08	
56.5	35.1	39.8	Dir. Killymoyle Road	Left	Left	14:24	14:18	14:10	
57.5	35.7	39.2	Dir. Clontyevlin Road	Crossroads	Straight	14:25	14:19	14:11	
58.3	36.2	38.7	CAUTION - DESCENT INTO NARROW BRIDGE	Narrow Bridge	CAUTION	14:26	14:20	14:12	
58.7	36.5	38.4	Blind Summit		Straight	14:27	14:21	14:13	
59.4	36.9	38.0	Dir. Castletown Road	Crossroads	Straight	14:28	14:22	14:13	
62.9	39.1	35.8	Dir. B35 @ Carrteel	T-Junction	Left	14:33	14:26	14:18	
70.2	43.6	31.3	Dir. Dungannon - B35	Crossroads	Straight	14:44	14:36	14:27	
72.9	45.3	29.6	CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT	14:48	14:40	14:30	
72.9	45.3	29.6	Dir. Killyliss Road	Left	Left	14:48	14:40	14:30	
73.7	45.8	29.1	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	14:49	14:41	14:31	
73.9	45.9	29.0	Dir. Killyliss Road	Roundabout	1st Exit	14:50	14:42	14:31	
74.2	46.1	28.8	Caution - Road Narrows	Road Narrows	Straight	14:50	14:42	14:32	
75.0	46.6	28.3	Dir. Ballygawley Road	Left	Left	14:51	14:43	14:33	
			Caution - Uneven Surface	Caution	Caution				
75.2	46.7	28.2	Dir. Reasmore Road	Left	Left	14:52	14:43	14:33	
76.3	47.4	27.5	Dir. Woodlough Road	T-Junction	Right	14:53	14:45	14:34	
76.8	47.7	27.2	FINISH LINE - START OF LAP 3 OF 4	FINISH LINE	Straight	14:54	14:46	14:35	
78.4	48.7	26.2	Dir. Killymoyle Road	Left	Left	14:56	14:48	14:37	
79.3	49.3	25.6	Dir. Clontyevlin Road	Crossroads	Straight	14:58	14:49	14:38	
80.1	49.8	25.1	CAUTION - DESCENT INTO NARROW BRIDGE	Narrow Bridge	CAUTION	14:59	14:50	14:39	
80.6	50.1	24.8	Blind Summit		Straight	15:00	14:51	14:40	
81.3	50.5	24.4	Dir. Castletown Road	Crossroads	Straight	15:01	14:52	14:41	
84.8	52.7	22.2	Dir. B35 @ Carrteel	T-Junction	Left	15:06	14:57	14:45	
92.1	57.2	17.7	Dir. Dungannon - B35	Crossroads	Straight	15:17	15:07	14:54	
94.8	58.9	16.0	CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT	15:21	15:10	14:57	
94.8	58.9	16.0	Dir. Killyliss Road	Left	Left	15:21	15:10	14:57	
95.6	59.4	15.5	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	15:22	15:12	14:58	
95.8	59.5	15.4	Dir. Killyliss Road	Roundabout	1st Exit	15:22	15:12	14:59	
96.1	59.7	15.2	Caution - Road Narrows	Road Narrows	Straight	15:23	15:12	14:59	
96.9	60.2	14.7	Dir. Ballygawley Road	Left	Left	15:24	15:13	15:00	
			Caution - Uneven Surface	Caution	Caution				
97.0	60.3	14.6	Dir. Reasmore Road	Left	Left	15:24	15:14	15:00	
98.2	61.0	13.9	Dir. Woodlough Road	T-Junction	Right	15:26	15:15	15:02	
98.7	61.3	13.6	FINISH LINE - START OF LAP 4 OF 4	FINISH LINE	Straight	15:27	15:16	15:02	
100.3	62.3	12.6	Dir. Killymoyle Road	Left	Left	15:29	15:18	15:04	
101.2	62.9	12.0	Dir. Clontyevlin Road	Crossroads	Straight	15:30	15:19	15:05	
102.0	63.4	11.5	CAUTION - DESCENT INTO NARROW BRIDGE	Narrow Bridge	CAUTION	15:32	15:20	15:06	
102.5	63.7	11.2	Blind Summit		Straight	15:32	15:21	15:07	
103.2	64.1	10.8	Dir. Castletown Road	Crossroads	Straight	15:33	15:22	15:08	
106.7	66.3	8.6	Dir. B35 @ Carrteel	T-Junction	Left	15:39	15:27	15:12	
113.9	70.8	4.1	Dir. Dungannon - B35	Crossroads	Straight	15:49	15:37	15:21	
116.7	72.5	2.4	CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT	15:54	15:41	15:25	
116.7	72.5	2.4	Dir. Killyliss Road	Left	Left	15:54	15:41	15:25	
117.5	73.0	1.9	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	15:55	15:42	15:26	
117.6	73.1	1.8	Dir. Killyliss Road	Roundabout	1st Exit	15:55	15:42	15:26	
118.0	73.3	1.6	Caution - Road Narrows	Road Narrows	Straight	15:55	15:42	15:26	
118.8	73.8	1.1	Dir. Ballygawley Road	Left	Left	15:57	15:44	15:27	
			Caution - Uneven Surface	Caution	Caution				
118.9	73.9	1.0	Dir. Reasmore Road	Left	Left	15:57	15:44	15:27	
120.1	74.6	0.3	Dir. Woodlough Road	T-Junction	Right	15:59	15:45	15:29	
120.5	74.9	0.0	FINISH - SENIOR & U23 WOMENS ROAD RACE	FINISH	FINISH	15:59	15:46	15:29	

Elite & U23 Women Start List



Cycling Ireland National Road Race Championships 2023 - DUNGANNON

Senior Women - inc Elite & U23 24/06/2023

	Start time	13:00		120.5km	1x large lap and 4x finishing laps
Number	First name	Surname	Gender	UCI ID	Club/Team
1	Alice	Sharpe	Female	10016236063	Israel Premier Tech-Roland Development
2	Megan	Armitage	Female	10106847706	Arkea Pro Cycling Team
3	Kelly	Murphy	Female	10015835030	AWOL OSHEA
4	Imogen	Cotter	Female	10062860933	Fenix-Deceuninck
5	Mia	Griffin	Female	10062151116	Israel Premier Tech-Roland Development
6	Fiona	Mangan	Female	10092197470	Soltec Team
7	Alison	Higgins	Female	10113983165	Torelli
8	Sharon	Bird	Female	10061850618	Ballymena Road Club
9	Eve	Mc Crystal	Female	10010086768	Bellurigan Wheelers
10	Mary	Corless	Female	10117958347	Challenge Cycling Club
11	Vanessa	Fursden	Female	10123062870	Clones Cycling Club
12	Emma	Smith	Female	10059925469	Deeside Thistle
13	Annalise	Murphy	Female	10107456681	Longcourt Hotel - NCW Wheelers
14	Jemma	Speers	Female	10107178819	North Down CC
15	Aine	Kelly	Female	10118818314	Orwell Wheelers Cycling Club
16	Aoife	Reilly	Female	10104913059	Orwell Wheelers Cycling Club
17	Linda	Kelly	Female	10109981412	Spin the Bean Power by Coffee
18	Ellen	Mc Dermott	Female	10011053334	Team Boompods
19	Orla	Walsh	Female	10080466029	UCD Cycling Club
20	Joanna	Patterson	Female	10097668674	Wahoo Le Col
21	Lorraine	Mullarkey	Female	10104290239	
22	Jennifer	Neenan	Female	10017440378	
	U23				
31					
32	Lara	Gillespie	Female	10016636692	UAE Development Team
33	Caoimhe	O'Brien	Female	10017492417	Belco Van Eyck
34	Roisin	Lally	Female	10068609801	Loughborough Lightning Cycling Team
35	Erin Grace	Creighton	Female	10111403571	McConvey Cycles
36	Aoife	O'Brien	Female	10017492518	Spellman-Dublin Port
37	Clodagh	Ní Ghallchóir	Female	10016716417	UCD Cycling Club
38	Darcey	Harkness	Female	10016644776	VC Glendale
					Riders on UCI Teams
No Team Medals Available					
				V1	Paul Watson
				19/06/2023	Cycling Ireland Technical Consultant
Held under UCI Rules					

Junior Women – Road Race

Sunday 25th June – Start Time 08:00

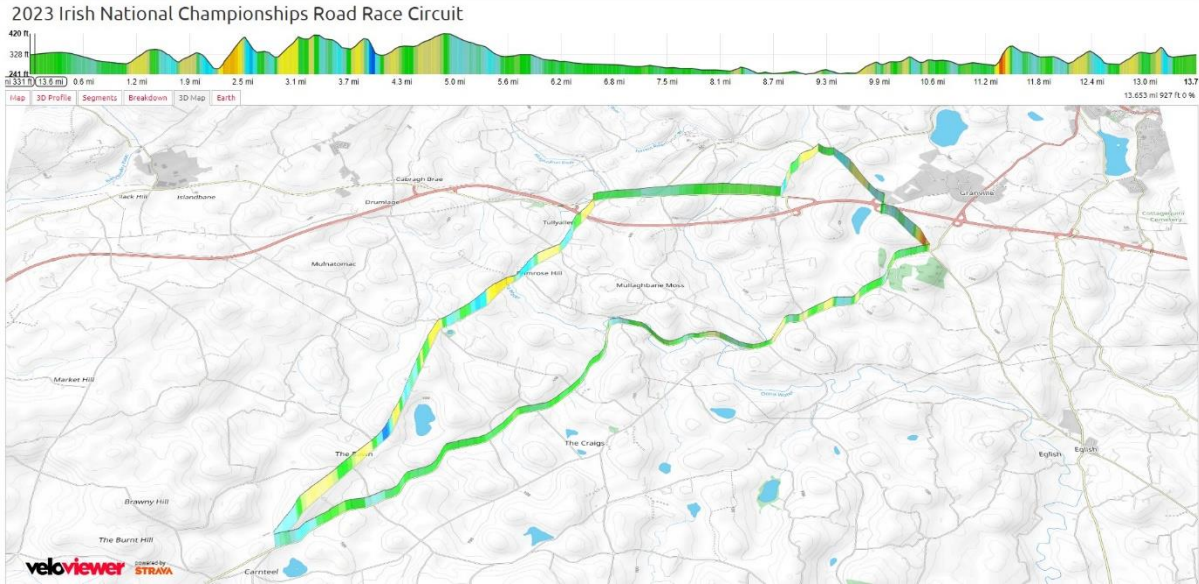
Race Director	Garry Nugent
Chief Comm	Jack Watson
Comm 2	Martin Montague
Moto	Benner Maguire
Chief Judge	Ian Barfoot
Time Keeper	Ian Barfoot
Photo Finish	David Mullen
Neutral Service	Niall O’Hagan
Neutral Service 2	Neil Teggart

Rider Sign-on	07:00 – 07:45	Race HQ – £50 CASH Deposit required for Race Timing Chip
Team Managers Meeting	07:30	Race HQ – Killymaddy
Marshal Briefing	07:30	Race HQ – IWCC Gazebo. Signs, Bibs, Whistles & High-Vis Distributed
Rider Assembly	07:50	Race HQ – Killymaddy
Race Start	08:00	Race HQ – Killymaddy
Presentations	15 Minutes after 1 st Place finishes	Finish Line – Woodlough Road
Media Interviews	After Presentations	Finish Line – Woodlough Road
Return Timing Chips	Immediately after the race	Race HQ – You will be returned your £50 Cash Deposit

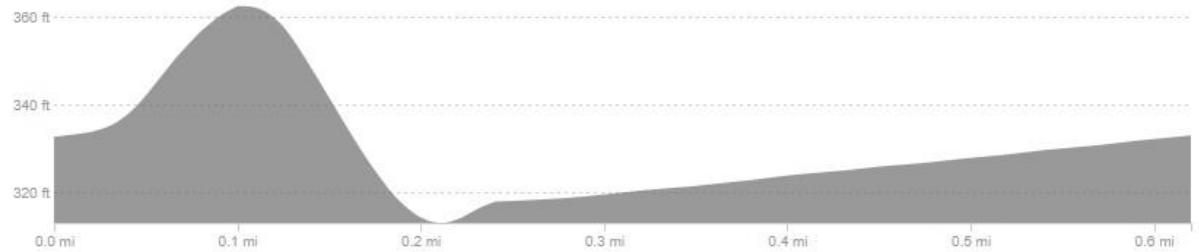
Race Details: 3 x Laps of the Race Circuit
Race Distance: 40.3 Miles or 64.9 Km with 2,769ft Elevation
Race Circuit: [2023 Irish National Championships Road Race Circuit | 13.6 mi Cycling Route on Strava](#)
Live Feed <https://www.popupraces.ie/race/cycling-ireland-junior-women-road-race-2023/>

Junior Women – Road Race Cont...

Race Circuit x 3 Laps



Final KM



Junior Women – Road Race Cont...

CYCLING IRELAND NATIONAL ROAD CHAMPIONSHIPS - Junior Women
 Event HQ: Killymaddy Centre, Woodlough Road Dungannon
 Route Summary: 40.3 Miles with 2,769ft Elevation



Check in: 07:00AM - 07:45AM
 Depart: 08:00 AM
 Team Manager Meeting: 07:30



KM	Miles		Route			Schedule		
	From Start	To Finish	Description	Feature	Instruction	20 mph 32.1 kmh	25 mph 40.2 kmh	27 mph 43.5 kmh
0.0	0.0	40.3	Race Start - Killymaddy Centre	RACE START	RACE START	08:00	08:00	08:00
0.8	0.5	39.8	Dir. Killymoyle Road	Right Turn	Right Turn	08:01	08:01	08:01
1.8	1.1	39.2	Dir. Clontyclevin Road	Crossroads	Straight	08:03	08:02	08:02
2.6	1.6	38.7	CAUTION - DESCENT INTO NARROW BRIDGE	NARROW BRIDGE	CAUTION	08:04	08:03	08:03
3.1	1.9	38.4	Blind Summit		Straight	08:05	08:04	08:04
3.7	2.3	38.0	Dir. Castletown Road	Crossroads	Straight	08:06	08:05	08:05
7.2	4.5	35.8	Dir. B35 @ Carnteel	T-Junction	Left	08:13	08:10	08:10
14.5	9.0	31.3	Dir. Dungannon - B35	Crossroads	Straight	08:27	08:21	08:20
17.2	10.7	29.6	CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT	08:32	08:25	08:23
17.2	10.7	29.6	Dir. Killyliss Road	Left	Left	08:32	08:25	08:23
18.0	11.2	29.1	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	08:33	08:26	08:24
18.2	11.3	29.0	Dir. Killyliss Road	Roundabout	1st Exit	08:33	08:27	08:25
18.5	11.5	28.8	Caution - Road Narrows	Road Narrows	Straight	08:34	08:27	08:25
19.3	12.0	28.3	Dir. Ballygawley Road	Left	Left	08:36	08:28	08:26
			CAUTION - UNEVEN SURFACE	CAUTION	CAUTION			
19.5	12.1	28.2	Dir. Reaskmore Road	Left	Left	08:36	08:29	08:26
20.6	12.8	27.5	Dir. Woodlough Road	T-Junction	Right	08:38	08:30	08:28
21.1	13.1	27.2	FINISH LINE - START OF LAP 2 OF 3	FINISH LINE	Straight	08:39	08:31	08:29
22.7	14.1	26.2	Dir. Killymoyle Road	Left	Left Turn	08:42	08:33	08:31
23.7	14.7	25.6	Dir. Clontyclevin Road	Crossroads	Straight	08:44	08:35	08:32
24.5	15.2	25.1	CAUTION - DESCENT INTO NARROW BRIDGE	NARROW BRIDGE	CAUTION	08:45	08:36	08:33
24.9	15.5	24.8	Blind Summit		Straight	08:46	08:37	08:34
25.6	15.9	24.4	Dir. Castletown Road	Crossroads	Straight	08:47	08:38	08:35
29.1	18.1	22.2	Dir. B35 @ Carnteel	T-Junction	Left	08:54	08:43	08:40
36.4	22.6	17.7	Dir. Dungannon - B35	Crossroads	Straight	09:07	08:54	08:50
39.1	24.3	16.0	CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT	09:12	08:58	08:54
39.1	24.3	16.0	Dir. Killyliss Road	Left	Left	09:12	08:58	08:54
39.9	24.8	15.5	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	09:14	08:59	08:55
40.1	24.9	15.4	Dir. Killyliss Road	Roundabout	1st Exit	09:14	08:59	08:55
40.4	25.1	15.2	Caution - Road Narrows	Road Narrows	Straight	09:15	09:00	08:55
41.2	25.6	14.7	Dir. Ballygawley Road	Left	Left	09:16	09:01	08:56
			CAUTION - UNEVEN SURFACE	CAUTION	CAUTION			
41.4	25.7	14.6	Dir. Reaskmore Road	Left	Left	09:17	09:01	08:57
42.5	26.4	13.9	Dir. Woodlough Road	T-Junction	Right	09:19	09:03	08:58
43.0	26.7	13.6	FINISH LINE - START OF LAP 3 OF 3	FINISH LINE	Straight	09:20	09:04	08:59
44.6	27.7	12.6	Dir. Killymoyle Road	Left	Left Turn	09:23	09:06	09:01
45.5	28.3	12.0	Dir. Clontyclevin Road	Crossroads	Straight	09:24	09:07	09:02
46.3	28.8	11.5	CAUTION - DESCENT INTO NARROW BRIDGE	NARROW BRIDGE	CAUTION	09:26	09:09	09:04
46.8	29.1	11.2	Blind Summit		Straight	09:27	09:09	09:04
47.5	29.5	10.8	Dir. Castletown Road	Crossroads	Straight	09:28	09:10	09:05
51.0	31.7	8.6	Dir. B35 @ Carnteel	T-Junction	Left	09:35	09:16	09:10
58.3	36.2	4.1	Dir. Dungannon - B35	Crossroads	Straight	09:48	09:26	09:20
61.0	37.9	2.4	CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT	09:53	09:30	09:24
61.0	37.9	2.4	Dir. Killyliss Road	Left	Left	09:53	09:30	09:24
61.8	38.4	1.9	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	09:55	09:32	09:25
62.0	38.5	1.8	Dir. Killyliss Road	Roundabout	1st Exit	09:55	09:32	09:25
62.3	38.7	1.6	Caution - Road Narrows	Road Narrows	Straight	09:56	09:32	09:26
63.1	39.2	1.1	Dir. Ballygawley Road	Left	Left	09:57	09:34	09:27
			CAUTION - UNEVEN SURFACE	CAUTION	CAUTION			
63.2	39.3	1.0	Dir. Reaskmore Road	Left	Left	09:57	09:34	09:27
64.4	40.0	0.3	Dir. Woodlough Road	T-Junction	Right	10:00	09:36	09:28
64.9	40.3	0.0	FINISH - JUNIOR WOMENS ROAD RACE	FINISH	FINISH	10:00	09:36	09:29

Junior Women Road Race – Start List



Cycling Ireland National Road Race Championships 2023 - DUNGANNON Junior Women 25/06/2022

	Start time	08:00		64.9km	3x laps
Number	First name	Surname	Gender	UCI ID	Club/Team
1					
2	Shauna	Finn	Female	10016680950	Arcane Cycling Team
3	Mia	Smith	Female	10017257189	Brother UK-Orientation Marketing Race Team
4	Elena	Wallace	Female	10116023805	Harps CC
5	Lucy	Brown	Female	10052710588	Phoenix CC
6	Hannah	Mc Clorey	Female	10120406484	RFDA
7	Hannah	Hayes	Female	10052719480	TC Racing
8	Zoe	Lindsay	Female	10016774011	TC Racing
9	Zoe	Shakespeare	Female	10017119773	TC Racing
10	Lucy	Benezet Minns	Female	10131174292	Tofauti Everyone Active Women
11	Aine	Doherty	Female	10072729267	VC Glendale
				V1	Paul Watson
				19/06/2023	Cycling Ireland Technical Consultant
Held under UCI Rules					

Senior & U23 Men – Road Race

Sunday 25th June – Start Time 10:30

Race Director	Garry Nugent
Chief Comm	Paul Watson
Comm 2	Aidan Higgins
Comm 3	Jonny Beers
Moto 1	James McLaughlin
Moto 2	Benner Maguire
Chief Judge	Jack Watson
Time Keeper	Ian Barfoot
Photo Finish	David Mullen
Neutral Service 1	Niall O’Hagan
Neutral Service 2	Neil Teggart

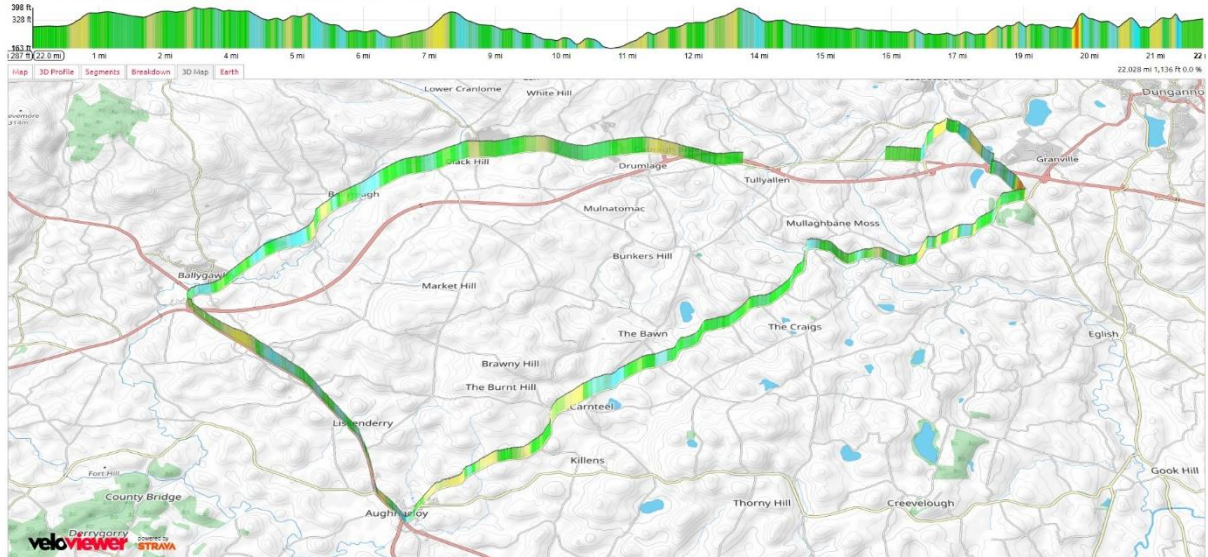
Rider Sign-on	08:00 – 09:45	Race HQ – £50 CASH Deposit required for Race Timing Chip
Managers Meeting	09:30	Race HQ – Killymaddy
Marshal Briefing	n/a	Marshals on course from Junior Women Road Race
Rider Assembly	10:20	Race HQ – Killymaddy
Race Start	10:30	Race HQ – Killymaddy
Presentations	15 Minutes after 1 st Place finishes	Finish Line – Woodlough Road
Media Interviews	After Presentations	Finish Line – Woodlough Road
Return Timing Chips	Immediately after the race	Race HQ – You will be returned your £50 Cash Deposit

Race Details: 1 x Opening Loop followed by 6 x Laps
Race Distance: 102.1 Miles / 164.3 Km with 6,640 ft Elevation
Opening Loop: [2023 Irish National Championship Opening Loop | 22.0 mi Cycling Route on Strava](#)
Race Circuit: [2023 Irish National Championships Road Race Circuit | 13.6 mi Cycling Route on Strava](#)
Live Feed: <https://www.popupraces.ie/race/cycling-ireland-senior-mens-road-race-2023/>

Senior & U23 Men – Road Race Cont...

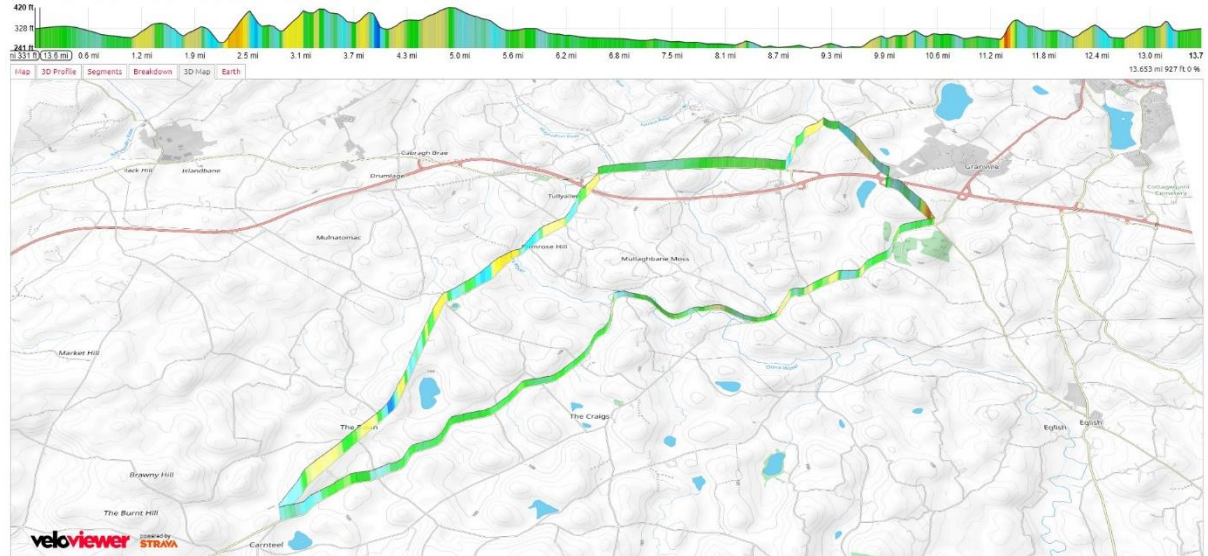
Opening Loop

2023 Irish National Championship Opening Loop

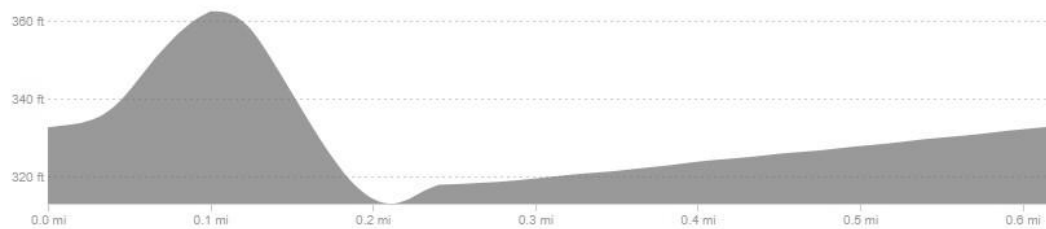


Race Circuit x 6 Laps

2023 Irish National Championships Road Race Circuit



Final KM



Senior & U23 Men – Road Race Cont...

CYCLING IRELAND NATIONAL ROAD CHAMPIONSHIPS - ELITE & U23 MEN
 Event HQ: Killymaddy Centre, Woodlough Road Dungannon
 Route Summary: 102.1 Miles with 6,640ft Elevation



Check in: 08:00AM - 09:45AM

Depart: 10:30 AM

Team Manager Meeting: 09:30



KM	Miles		Route			Schedule		
	From Start	To Finish	Description	Feature	Instruction	25 mph 40.2 kmh	27 mph 43.4 kmh	30 mph 48.2 kmh
0.0	0.0		Dir. Ballygawley - B34	Left	Left	10:30	10:30	10:30
2.4	1.5		Race Start, National Speed Limit Signs					
0.0	0.0	102.1	Race Start, National Speed Limit Signs	RACE START	Rolling Start	10:30	10:30	10:30
8.2	5.1	97.0	Dir. Aughnacloy - A5	Roundabout	1st Exit	10:42	10:41	10:40
8.5	5.3	96.8	Dir. Aughnacloy - A5 Tullyvar Road	Roundabout	2nd Exit	10:42	10:41	10:40
13.7	8.5	93.6	Dir. Aughnacloy	40 Mph Speed Limit	Straight	10:50	10:48	10:47
14.2	8.8	93.3	Dir. Aughnacloy	30 Mph Speed Limit	Straight	10:51	10:49	10:47
			CAUTION - AUGHNACLOY TOWN CENTRE	CAUTION	CAUTION			
14.8	9.2	92.9	Dir. Dungannon - B35	Left	Left	10:52	10:50	10:48
15.8	9.8	92.3	National Speed Limit - 60mph		Straight	10:53	10:51	10:49
19.2	11.9	90.2	Keep Right	Junction	Straight	10:58	10:56	10:53
26.4	16.4	85.7	Dir. Dungannon - B35	Crossroads	Straight	11:09	11:06	11:02
			CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT			
29.1	18.1	84.0	Dir. Killyliss Road	Left	Left	11:13	11:10	11:06
29.9	18.6	83.5	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	11:14	11:11	11:07
30.1	18.7	83.4	Dir. Killyliss Road	Roundabout	1st Exit	11:14	11:11	11:07
30.4	18.9	83.2	Caution - Road Narrows	Road Narrows	Straight	11:15	11:12	11:07
31.2	19.4	82.7	Dir. Ballygawley Road	Left	Left	11:16	11:13	11:08
			Caution - Uneven Surface	Caution	Caution			
31.4	19.5	82.6	Dir. Reaskmore Road	Left	Left	11:16	11:13	11:09
32.3	20.1	82.0	Dir. Woodlough Road	T-Junction	Right	11:18	11:14	11:10
33.0	20.5	81.6	FINISH LINE - START OF LAP 1 OF 6	FINISH LINE	Straight	11:19	11:15	11:11
34.6	21.5	80.6	Dir. Killymoyle Road	Left	Left	11:21	11:17	11:13
35.6	22.1	80.0	Dir. Clontyclevin Road	Crossroads	Straight	11:23	11:19	11:14
			CAUTION - DESCENT INTO NARROW BRIDGE	Narrow Bridge	CAUTION			
36.9	22.9	79.2	Blind Summit		Straight	11:24	11:20	11:15
37.5	23.3	78.8	Dir. Castletown Road	Crossroads	Straight	11:25	11:21	11:16
41.0	25.5	76.6	Dir. B35 @ Carnteel	T-Junction	Left	11:31	11:26	11:21
48.3	30.0	72.1	Dir. Dungannon - B35	Crossroads	Straight	11:42	11:36	11:30
51.0	31.7	70.4	CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT	11:46	11:40	11:33
51.0	31.7	70.4	Dir. Killyliss Road	Left	Left	11:46	11:40	11:33
51.8	32.2	69.9	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	11:47	11:41	11:34
52.0	32.3	69.8	Dir. Killyliss Road	Roundabout	1st Exit	11:47	11:41	11:34
52.3	32.5	69.6	Caution - Road Narrows	Road Narrows	Straight	11:48	11:42	11:35
53.1	33.0	69.1	Dir. Ballygawley Road	Left	Left	11:49	11:43	11:36
			Caution - Uneven Surface	Caution	Caution			
53.3	33.1	69.0	Dir. Reaskmore Road	Left	Left	11:49	11:43	11:36
54.4	33.8	68.3	Dir. Woodlough Road	T-Junction	Right	11:51	11:45	11:37
54.9	34.1	68.0	FINISH LINE - START OF LAP 2 OF 6	FINISH LINE	Straight	11:51	11:45	11:38
56.5	35.1	67.0	Dir. Killymoyle Road	Left	Left	11:54	11:48	11:40
57.5	35.7	66.4	Dir. Clontyclevin Road	Crossroads	Straight	11:55	11:49	11:41
58.3	36.2	65.9	CAUTION - DESCENT INTO NARROW BRIDGE	Narrow Bridge	CAUTION	11:56	11:50	11:42
58.7	36.5	65.6	Blind Summit		Straight	11:57	11:51	11:43
59.4	36.9	65.2	Dir. Castletown Road	Crossroads	Straight	11:58	11:52	11:43
62.9	39.1	63.0	Dir. B35 @ Carnteel	T-Junction	Left	12:03	11:56	11:48
70.2	43.6	58.5	Dir. Dungannon - B35	Crossroads	Straight	12:14	12:06	11:57
72.9	45.3	56.8	CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT	12:18	12:10	12:00
72.9	45.3	56.8	Dir. Killyliss Road	Left	Left	12:18	12:10	12:00
73.7	45.8	56.3	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	12:19	12:11	12:01
73.9	45.9	56.2	Dir. Killyliss Road	Roundabout	1st Exit	12:20	12:12	12:01
74.2	46.1	56.0	Caution - Road Narrows	Road Narrows	Straight	12:20	12:12	12:02
75.0	46.6	55.5	Dir. Ballygawley Road	Left	Left	12:21	12:13	12:03
			Caution - Uneven Surface	Caution	Caution			
75.2	46.7	55.4	Dir. Reaskmore Road	Left	Left	12:22	12:13	12:03
76.3	47.4	54.7	Dir. Woodlough Road	T-Junction	Right	12:23	12:15	12:04
76.8	47.7	54.4	FINISH LINE - START OF LAP 3 OF 6	FINISH LINE	Straight	12:24	12:16	12:05
78.4	48.7	53.4	Dir. Killymoyle Road	Left	Left	12:26	12:18	12:07
79.3	49.3	52.8	Dir. Clontyclevin Road	Crossroads	Straight	12:28	12:19	12:08
80.1	49.8	52.3	CAUTION - DESCENT INTO NARROW BRIDGE	Narrow Bridge	CAUTION	12:29	12:20	12:09
80.6	50.1	52.0	Blind Summit		Straight	12:30	12:21	12:10

Elite & U23 Men Schedule Cont...

KM	Miles		Route			Schedule		
	From Start	To Finish	Description	Feature	Instruction	25 mph 40.2 kmh	27 mph 43.4 kmh	30 mph 48.2 kmh
81.3	50.5	51.6	Dir. Castletown Road	Crossroads	Straight	12:31	12:22	12:11
84.8	52.7	49.4	Dir. B35 @ Carnteel	T-Junction	Left	12:36	12:27	12:15
92.1	57.2	44.9	Dir. Dungannon - B35	Crossroads	Straight	12:47	12:37	12:24
94.8	58.9	43.2	CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT	12:51	12:40	12:27
94.8	58.9	43.2	Dir. Killyliss Road	Left	Left	12:51	12:40	12:27
95.6	59.4	42.7	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	12:52	12:42	12:28
95.8	59.5	42.6	Dir. Killyliss Road	Roundabout	1st Exit	12:52	12:42	12:29
96.1	59.7	42.4	Caution - Road Narrows	Road Narrows	Straight	12:53	12:42	12:29
96.9	60.2	41.9	Dir. Ballygawley Road	Left	Left	12:54	12:43	12:30
			Caution - Uneven Surface	Caution	Caution			
97.0	60.3	41.8	Dir. Reaskmore Road	Left	Left	12:54	12:44	12:30
98.2	61.0	41.1	Dir. Woodlough Road	T-Junction	Right	12:56	12:45	12:32
98.7	61.3	40.8	FINISH LINE - START OF LAP 4 OF 6	FINISH LINE	Straight	12:57	12:46	12:32
100.3	62.3	39.8	Dir. Killymoyle Road	Left	Left	12:59	12:48	12:34
101.2	62.9	39.2	Dir. Clontyclevin Road	Crossroads	Straight	13:00	12:49	12:35
102.0	63.4	38.7	CAUTION - DESCENT INTO NARROW BRIDGE	Narrow Bridge	CAUTION	13:02	12:50	12:36
102.5	63.7	38.4	Blind Summit		Straight	13:02	12:51	12:37
103.2	64.1	38.0	Dir. Castletown Road	Crossroads	Straight	13:03	12:52	12:38
106.7	66.3	35.8	Dir. B35 @ Carnteel	T-Junction	Left	13:09	12:57	12:42
113.9	70.8	31.3	Dir. Dungannon - B35	Crossroads	Straight	13:19	13:07	12:51
116.7	72.5	29.6	CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT	13:24	13:11	12:55
116.7	72.5	29.6	Dir. Killyliss Road	Left	Left	13:24	13:11	12:55
117.5	73.0	29.1	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	13:25	13:12	12:56
117.6	73.1	29.0	Dir. Killyliss Road	Roundabout	1st Exit	13:25	13:12	12:56
118.0	73.3	28.8	Caution - Road Narrows	Road Narrows	Straight	13:25	13:12	12:56
118.8	73.8	28.3	Dir. Ballygawley Road	Left	Left	13:27	13:14	12:57
			Caution - Uneven Surface	Caution	Caution			
118.9	73.9	28.2	Dir. Reaskmore Road	Left	Left	13:27	13:14	12:57
120.1	74.6	27.5	Dir. Woodlough Road	T-Junction	Right	13:29	13:15	12:59
120.5	74.9	27.2	FINISH LINE - START OF LAP 5 OF 6	FINISH LINE	Straight	13:29	13:16	12:59
122.1	75.9	26.2	Dir. Killymoyle Road	Left	Left	13:32	13:18	13:01
123.1	76.5	25.6	Dir. Clontyclevin Road	Crossroads	Straight	13:33	13:20	13:03
123.9	77.0	25.1	CAUTION - DESCENT INTO NARROW BRIDGE	Narrow Bridge	CAUTION	13:34	13:21	13:04
124.4	77.3	24.8	Blind Summit		Straight	13:35	13:21	13:04
125.0	77.7	24.4	Dir. Castletown Road	Crossroads	Straight	13:36	13:22	13:05
128.6	79.9	22.2	Dir. B35 @ Carnteel	T-Junction	Left	13:41	13:27	13:09
135.8	84.4	17.7	Dir. Dungannon - B35	Crossroads	Straight	13:52	13:37	13:18
138.6	86.1	16.0	CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT	13:56	13:41	13:22
138.6	86.1	16.0	Dir. Killyliss Road	Left	Left	13:56	13:41	13:22
139.4	86.6	15.5	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	13:57	13:42	13:23
139.5	86.7	15.4	Dir. Killyliss Road	Roundabout	1st Exit	13:58	13:42	13:23
139.9	86.9	15.2	Caution - Road Narrows	Road Narrows	Straight	13:58	13:43	13:23
140.7	87.4	14.7	Dir. Ballygawley Road	Left	Left	13:59	13:44	13:24
			Caution - Uneven Surface	Caution	Caution			
140.8	87.5	14.6	Dir. Reaskmore Road	Left	Left	14:00	13:44	13:25
141.9	88.2	13.9	Dir. Woodlough Road	T-Junction	Right	14:01	13:46	13:26
142.4	88.5	13.6	FINISH LINE - START OF LAP 6 OF 6	FINISH LINE	Straight	14:02	13:46	13:27
144.0	89.5	12.6	Dir. Killymoyle Road	Left	Left	14:04	13:48	13:29
145.0	90.1	12.0	Dir. Clontyclevin Road	Crossroads	Straight	14:06	13:50	13:30
145.8	90.6	11.5	CAUTION - DESCENT INTO NARROW BRIDGE	Narrow Bridge	CAUTION	14:07	13:51	13:31
146.3	90.9	11.2	Blind Summit		Straight	14:08	13:52	13:31
146.9	91.3	10.8	Dir. Castletown Road	Crossroads	Straight	14:09	13:52	13:32
150.5	93.5	8.6	Dir. B35 @ Carnteel	T-Junction	Left	14:14	13:57	13:37
157.7	98.0	4.1	Dir. Dungannon - B35	Crossroads	Straight	14:25	14:07	13:46
160.5	99.7	2.4	CAUTION - SHARP LEFT TURN - ROAD NARROWS	LEFT	LEFT	14:29	14:11	13:49
160.5	99.7	2.4	Dir. Killyliss Road	Left	Left	14:29	14:11	13:49
161.3	100.2	1.9	Dir. Killyliss Road - DO NOT CUT Roundabout	Roundabout	2nd Exit	14:30	14:12	13:50
161.4	100.3	1.8	Dir. Killyliss Road	Roundabout	1st Exit	14:30	14:12	13:50
161.7	100.5	1.6	Caution - Road Narrows	Road Narrows	Straight	14:31	14:13	13:51
162.5	101.0	1.1	Dir. Ballygawley Road	Left	Left	14:32	14:14	13:52
			Caution - Uneven Surface	Caution	Caution			
162.7	101.1	1.0	Dir. Reaskmore Road	Left	Left	14:32	14:14	13:52
163.8	101.8	0.3	Dir. Woodlough Road	T-Junction	Right	14:34	14:16	13:53
164.3	102.1	0.0	FINISH - SENIOR & U23 MENS RACE		FINISH	14:35	14:16	13:54

Senior Men incl. Elite & U23 - Start List



Cycling Ireland National Road Race Championships 2023 - DUNGANNON

Senior Men - inc Elite & U23 25/06/2023

	Start time	10:30		164.3Km	1x large lap and 6x finishing laps
Number	First name	Surname	Gender	UCI ID	Club/Team
1	Rory	Townsend	Male	10010958859	Bolton Equities Black Spoke
2	Ryan	Mullen	Male	10008635408	Bora Hansgrohe
3	Sam	Bennett	Male	10006599519	Bora Hansgrohe
4	Ben	Healy	Male	10023507528	EF Education–EasyPost
5	Jesse	Ewart	Male	10050937512	Terengganu Polygon Cycling Team
6	Mark	Dowling	Male	10008712196	All human/VeloRevolution Racing Team
7	Daire	Feeley	Male	10014490164	All human/VeloRevolution Racing Team
8	Mitchell	Mc Laughlin	Male	10017415524	All human/VeloRevolution Racing Team
9	Jamie	Phillips	Male	10107237524	All human/VeloRevolution Racing Team
10	Conor	Halvey	Male	10016666402	Four Masters CC
11	Mark	Mc Ginley	Male	10017348937	Four Masters CC
12	Peter	Kirwan	Male	10015106318	Lucan Cycling Road Club
13	Conn	Mc Dunphy	Male	10016027111	Lucan Cycling Road Club
14	James	Mc Eneaney	Male	10098415675	Moynalty Cycling Club
15	Luke	Smith	Male	10016143107	Moynalty Cycling Club
16	Darragh	Mc Carter	Male	10017337924	Spellman-Dublin Port
17	Graham	O'Brien	Male	10015244239	Team Dan Morrissey - Primor by Pissei
18	Jason	Kenny	Male	10016739756	UCD Cycling Club
19	Joel	Luke	Male	10017392282	UCD Cycling Club
20	Leo	Doyle	Male	10017022874	ARBO – Headstart ON Fahrrad
21	Stuart	Millar	Male	10052636628	Ards CC
22	Jake	Bickerdike	Male	10016954267	Athy Wheelers Cycling Club
23	Marcus	Christie	Male	10006600428	Banbridge CC
24	Cormac	Mc Geough	Male	10015547666	Canel's Zerouno Mavic
25	Dillon	Corkery	Male	10017025096	CC Etupes
26	Bren	Broekaart	Male	10117326837	Challenge Cycling Club
27	Kevin	Mc Kinney	Male	10017518584	Cycleology Racing Team
28	Eoghan	Mc Guigan	Male	10116728467	Dromara Cycling Club
29	Ronan	Burke	Male	10116875886	Galway Bay CC
30	Simon	Ryan	Male	10009320872	Greenmount CA
31	Ian	Inglis	Male	10009191641	Kinning Cycles Cycling Club
32	Shane	Quinn	Male	10017109669	Longford Cycling & Racing Club
33	Aidan	Mc Donnell	Male	10136333278	ORBA OROTAVA CC
34	Edward	Kearney	Male	10016838069	Phoenix CC
35	Lindsay	Watson	Male	10010086667	Powerhouse Sport
36	Sean	Mullen	Male	10105319550	Richardson Trek DAs
37	Darnell	Moore	Male	10009314307	Team Caldwell Cycles
38	Gareth	O'Neill	Male	10017461091	Team PB Performance
39	George	Peden	Male	10017177468	Team PB Performance

Senior Men incl. Elite & U23 - Start List Cont...

40	Andy	Maguire	Male	10017376118	Team Stafford Bonded
41	Adam	Kelly	Male	10023877037	Urbano-Vulsteke Cycling Team
42	Peter	Mc Lean	Male	10094344810	Velo Cafe Magasin
43	Nathan	Mullan	Male	10014575343	Velo Cafe Magasin
44	Duncan	Halliday	Male	10083515162	
45	Cillian	Murphy	Male	10023729315	
	U23				
51	Dean	Harvey	Male	10016653264	Trinity Racing
52	Louis	Bilyard	Male	10023844705	Global 6 Cycling
53	Darren	Rafferty	Male	10017105831	Hagens Berman Axeon
54	Kevin	Mc Cambridge	Male	10017341762	Trinity Racing
55	Finn	Mc Henry	Male	10064660685	Brocar Ale
56	Jamie	Meehan	Male	10017511615	Brocar Ale
57	Sean	Óg Harrigan	Male	10017141904	Brocar Ale
58	Ewan	Warren	Male	10128231354	Brocar Ale
59	Aaron	Quinn	Male	10061101896	Four Masters CC
60	James	Delaney	Male	10107384741	Lucan Cycling Road Club
61	Aaron	Rafferty	Male	10017109871	Moynalty Cycling Club
61	Christopher	Donald	Male	10052727766	Spellman-Dublin Port
63	Sean	Lenehan	Male	10016789064	Spellman-Dublin Port
64	Nathan	Keown	Male	10016737433	Team Dan Morrissey - Primor by Pissei
65	Ciaran	Maguire	Male	10017373387	Team Dan Morrissey - Primor by Pissei
66	Conal	Scully	Male	10017119268	Team Dan Morrissey - Primor by Pissei
67	Ruairi	Byrne	Male	10016862624	UCD Cycling Club
68	Liam	Crowley	Male	10073849821	UCD Cycling Club
69	Eoin	Kelly	Male	10016748648	UCD Cycling Club
70	Hugh	Maguire	Male	10094906804	UCD Cycling Club
71	Adam	Gilsenan	Male	10016639019	Arabay Vas Team
72	Daniel	Yon Hin	Male	10017234658	Bialini Team Global
73	Jack	Conroy	Male	10118945525	Bray Wheelers
74	Michael	Gammell	Male	10016632955	Burren Cycling Club
75	Aaron	Wade	Male	10017220514	Cortizo Aluminium Team
76	Eoin	Hopwood	Male	10016811801	Galway Bay CC
77	Stefan	Caulfield-Dreier	Male	10016884751	John Deere Cycling Team NWVG
78	Patrick	O Loughlin	Male	10017311854	Panduit Carrick Wheelers
79	Mannie	Kurensky	Male	10081534948	Spin11 - Chain Reaction Racing Team
80	Nathan	Kurensky	Male	10066678184	Spin11 - Chain Reaction Racing Team
81	Odhran	Doogan	Male	10017013477	Team Caldwell Cycles
82	Shane	Mc Kay	Male	10067223105	Team La Crepe de Broceliande
83	Matti	Dobbins	Male	10023967771	Zappi
					Riders on UCI Teams
					Qualifying for Team Medals
				ELITE	45 Riders
				U23	33 Riders
				SENIOR RACE	78 Riders
				V1	Paul Watson
				19/06/2023	Cycling Ireland Technical Consultant

Held under UCI Rules

Finish Line

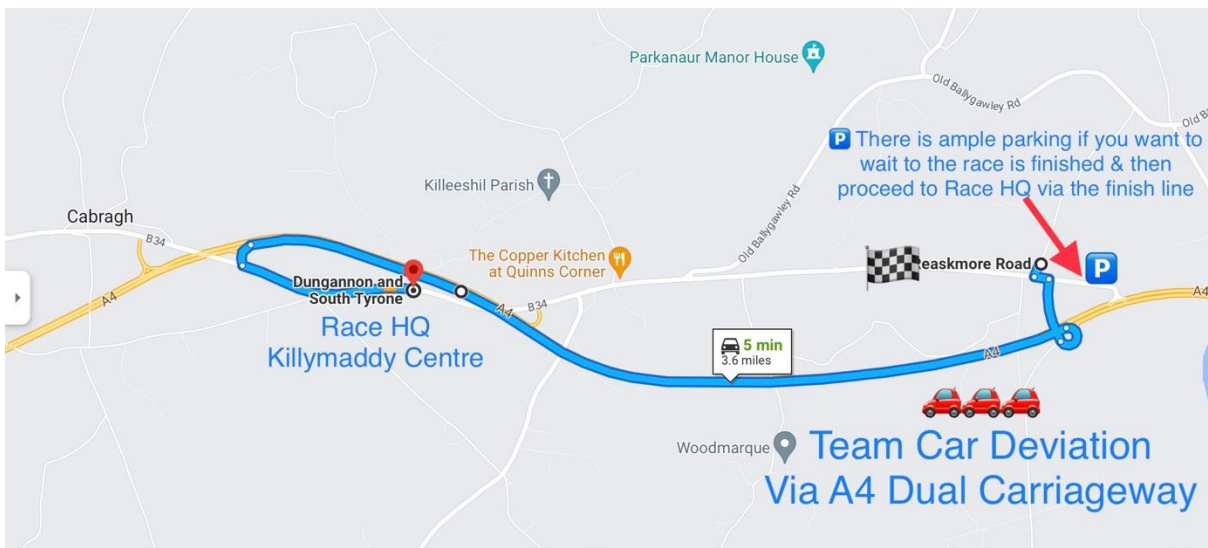
Woodlough Road (B34) Dungannon – BT70 1RR



Designated Feed Zone & Green Zone (Litter)

There is a 1-Way Road Closure in Place to allow for feeding

Team Car Deviation



Organisation

The 2023 Cycling Ireland Road Race Championships are being hosted by Island Wheelers Cycling Club under the auspices of Cycling Ireland and will take place from 22nd – 25th June 2023.

The Event is promoted under the Technical Rules and Regulations of UCI.

<https://assets.ctfassets.net/761l7gh5x5an/3zdJc5antr1dA3GYeDKdBu/d00797132d045d5a4ee83c90bf691f64/2-ROA-20230601-E.pdf>

It is the responsibility of Team Officials & Competitors to be familiar with the race regulations.

Penalties

UCI Penalties will be applicable.

Riders who cut the Roundabout on Killyliss Road may face Disqualification

Medical Services

All Medical Cover is provided by Ambutran Event Medical Services. The Race Doctor will follow directly behind the race, accompanied by 1 x Ambulance. There will also be a Static ambulance, located 300m after the finish line.

In the case of an emergency, below is a list of local hospitals. Please note, South Tyrone has restricted opening hours & is ONLY a Minor Injuries Unit.

Craigavon Area Hospital A&E	South Tyrone – Minor Injuries Unit	Daisy Hill Hospital
68, Lurgan Road Portadown BT63 5QQ	Carland Road, Dungannon, BT71 4AU	5 Hospital Road Newry BT35 8DR
02838 334444	02887 7222821	02830 835000
Open 24 Hours	Open 24 Hours	Sat/Sun 10:00 – 18:00

Radio Tour

Radio Tour will be broadcast on the Cycling Ireland Frequency: 453.5625Mhz. Radios will be available from Sign-On and you may be asked to leave a Cash Deposit that will be refunded on the return of your radio.

Race Numbers – Road Race

Frame & Back Numbers will be provided by the Host Organisation. Please adhere to UCI Technical Regulations in relation to number positioning.

<https://www.cyclingireland.ie/downloads/ClarificationPlacementofNumbersCI2023.pdf>

Race Numbers – Time Trial

Arm Numbers will be provided at sign-on and are to be placed on the left bicep facing forward. Safety Pins will also be supplied. Arm Numbers & Timing Chips are to be returned at HQ after race finish. Your £50 Deposit will be returned at this stage.

Timing Chips

To receive a “Timing Chip” you must pay a £50 deposit that will be refunded upon the return of the “Chip.” Collection & Returns will all take place at Sign-On for ALL Road Races & Time Trials.

Neutral Service

The First Neutral Service Vehicle will normally be placed with the leading group and the second will remain behind the main bunch or as determined by the Commissaries. Riders wishing to avail of the service will equip these vehicles. Such equipment must be in good mechanical order and must be clearly marked with the competitors’ name.

All service will take place on the LEFT side of the road and ONLY from the rear of a group.

Equipment is provided to the neutral service at owners’ risk. The organisers, Island Wheelers CC and their agents and volunteers, shall not be responsible for loss of or damage to any equipment provided to neutral service.

Anti-Doping

Doping Control will be carried out by Sport Ireland, in line with the UCI Anti-Doping regulations. Sport Ireland will be deemed to be the Results Management Authority.

Selected Riders, who have not completed the anti-doping procedures and are required for Podium Presentations must ensure they make themselves available for such PRIOR to completing anti-doping procedures.

The Doping Station is located at RACE HQ – Killymaddy Centre BT70 1TF.

Race Signage

- a) Pink signs with black directional arrows will display the Race Route



- b) 3k, 2k, 1k, 500m, 250m, 100m & 50m will all be placed on the left side of the road.

Cavalcade

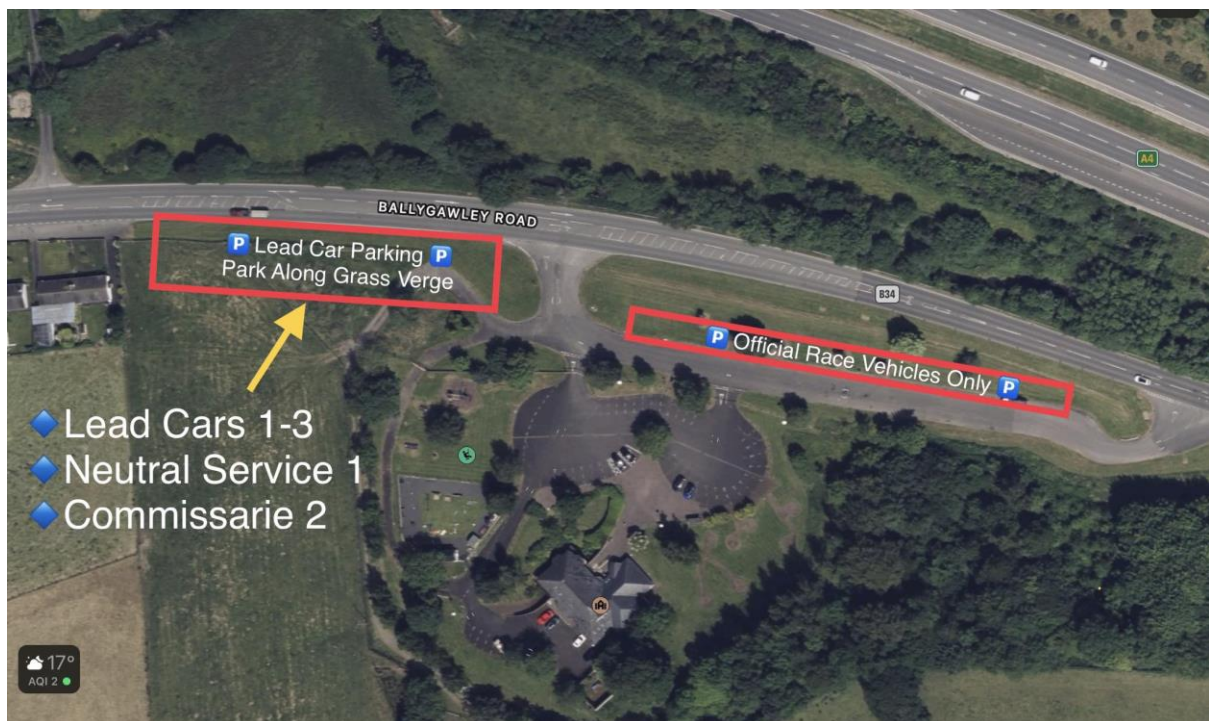
- a) A Maximum of one vehicle may follow each team in the race cavalcade. All Team Cars must sign on at the Managers Meeting where a draw will take place to decide the order of the Cavalcade. This Draw will be overseen by the Race Commissaries.
- b) All Cars must display the Team Car number on the top right corner of the tailgate window provided by the Commissaries and must have a functioning Radio on the C.I Frequency
- c) In addition to the driver, the approved cavalcade team vehicle must contain at least one other competent person.
- d) All Cavalcade vehicles must follow the deviation on the last lap of each race. There is strictly no stopping on or after the finish line.

Cavalcade Cont...

- e) The cavalcade must obey the rules of the road, paying specific attention to the 40mph & 30mph zones in Aughnacloy during the opening loop. The race circuit is all on National Speed Limit roads - 60mph.
- f) Time Trial – Please refer to UCI Article 2.4.023 for Following Vehicles in a Time Trial

<https://www.cyclingireland.ie/downloads/ChangetoCIRulesFollowingCar sinTimeTrials2023.pdf>

Order Of Cavalcade at Race HQ



KEY EVENT PERSONELL – CONTACT SHEET

***TO BE INCLUDED WHEN COMPLETE**

Role	Name	Contact Number
Race Director	Garry Nugent	07901 858295
Commissaire President	Paul Watson	07711 033779
Event Co-Ordinator	Jim Kelly	07508 375811
Event Co-Ordinator	James McLaughlin	07714 696789
Event Co-Ordinator	Robbie Silcock	07792 950893
Chief Marshal	Aidan Lafferty	07980 606691
Chief Judge	Jack Watson	
Race Doctor - Ambutran	Amy Irvine	Tracy – 07711 096370
Ambulance No. 1	Allistair Ferguson	07711 096370
Ambulance No. 2	Stuart Ferguson	07789 630254
Event Medical Co-Ordinator	Allistair Ferguson - Ambutran	07711 096370
Chip Timing	Brian Conroy	00353 87765 3767
Photo Finish	David Mullen - C.I	00353 87915 6506
Time Keeper – Road Race	Ian Barfoot	07818 542474
Finish Line Co-Ordinator	Gavin Quinn – C.I	
C.I Events Co-Ordinator	Denise McKenna – C.I	
Podium & Presentation Co-Ordinator	Cycling Ireland	
IWCC Stage Co-Ordinator	Canice Nicholas	00353 86418 3032
Sign-On Road Race	Laura Silcock	07837 041948
Race Radios – Team Cars	Leigh Silcock	07918 708890
Race Radios – Official Cars	Jim Kelly	07508 375811
Safeguarding Officer	Jim Kelly	07508 375811
Safety Officer	Robbie Silcock	07792 950893
Cammi Motorcycle Group	Richie McNamara	00353 87244 4169
Broom Wagon Saturday	Nathan Finlay	07718 161654
Broom Wagon Sunday	Dale Turkington	07793 080411

Marshal Rota

Specific Marshal information has been sent out in the “Aide Memiore” to ALL Marshals in advance of the race

Time Trial

Cycling Ireland National Time Trial Championships 2023
Event HQ: Killymaddy Centre - BT70 1TF



Marshal Brief Location: Killymaddy Centre - BT70 1TF
Marshal Brief Time: 18:00
Chief Marshal: Aidan Lafferty - 07980 606691



Cycling Ireland National Time Trial Championships - 22nd June 2023					
Marshal Point	Hazard	Road Name	Marshal	Accredited Y/N	Notes
1	Start Line	Ballygawley Rd	Aidan Lafferty	Y	
			Terry Loughran	N	
2	A5 Exit Cabragh	Cabragh Off-Slip	Eddie Corry	N	
3	Spar Shop	Cabragh Spar	TBC	N	
4	Left Turn	Ballygawley Roundabout No 1	Dermot McCabe	Y	
			Peter Corr	N	
			PSNI		Assisted by PSNI
5	Left Turn	Ballygawley Roundabout No 2	Sheena O'Neill	Y	
			Brian Gervin	N	
			PSNI		Assisted by PSNI
6	Cabragh Off-Slip	Cabragh - A5 On-Slip	Dean Burnside	Y	
			Matthew Mullan	N	
7	Woodlough Road On-Slip	Woodlough Road - A5 On-Slip	Kris Nicholl	Y	
			Marty Early	N	
8	Leave "A5" Left	A5 - Off-Slip	Frank McKillion	N	Whistle & Sign to Warn Riders they are to leave the A5 Dual Carriageway
			Simon Godon	N	
9	Left Turn	A5 - Killyliss Road	Derek King	Y	
			Chris Corey	Y	
10	Left Turn	Killyliss Rd / Old Ballygawley Road	Colin Murtagh	Y	
			Thomas Hepburn	Y	
			Paul Hughes	N	
			Dermot Donaghy	N	
11	Left Turn	Old Ballygawley Road / Woodlough Road	Justin Bloomer	Y	
			Paul McAdam	Y	
			Eamon Brady	N	
			Owen Campbell	N	
12	FINISH LINE	Woodlough Road	Gareth Devine	N	
			Barry Hayes - Spotter	N	Spotter for Timing Crew

Marshal Rota Cont...

Saturday - Road Race

Cycling Ireland National Road Race Championships 2023
Event HQ: Killymaddy Centre - BT70 1TF



Marshal Brief Location: Killymaddy Centre - BT70 1TF
Marshal Brief Time: 08:15
Chief Marshal: Aidan Lafferty - 07980 606691



Cycling Ireland National Road Championships Marshal Rota - Saturday 24th June 2023						
Marshal Point	Hazard	Road Name	Marshal	Accredited Y/N	Notes	Confirmed
1	Road Closure	Woodlough Rd / Quinns Corner	Barry Hayes	N	Road Closure in Place Dir. Dungannon.	
			Terry Loughran	N		
2	Left Turn	Woodlough Rd / Killymoyle Rd	Kris Nicholl	Y		
			Sheena O'Neill	Y		
			3			
3	Straight Through - Crossroads	Killymoyle Rd / Clontyclevin Rd	Keiran Curry	N		
			Mary Curry	N		
4	CAUTION NARROW BRIDGE	CLONTYCLEVIN RD	Cathal McGuigan	Y	Whistles & Contact to Stop Traffic approaching the Junction - Early Sunday Church Service also a hazard	
			Martin Early	N		
			3			
5	Upper Clonaneese Church	CLONTYCLEVIN RD	N/A Saturday	N	Church Service on Sunday. Spectators can use the "top" Carpark.	
6	Straight Through - Crossroads	Clontyclevin Rd / Castletown Rd	Peter Corr	N		
			Paddy McNally	N		
7	CAUTION - Left Turn	Castletown Rd / B35	Dermot McCabe	Y	First Marshal to be spotter with Whistle for Advance Warning of Race Approaching	
			Lester Fiddes	Y		
			Patricia McKeown	N		
			Nigel Flanagan	N		
8	Straight Through - Crossroads	B35 Greystone	Barney Carroll	N	Greystone	
			Gerard Scott	N		
9	CAUTION - Left Turn - ROAD NARROWS	B35 LEGILLY RD - KILLYLISS RD	Armagh City Cyclists	Y	Poor Sightlines for traffic approaching from Granville. PSNI To Assist - BUSY FAST Junction	
				Y		
				N		
				N		
			PSNI	PRIORITY		
10	2ND Exit Roundabout - DO NOT CUT	Killyliss Rd	John Ferrity	N	Place Temp Barrier so riders cannot CUT the Roundabout	
			Eamon McMullan	N		
			Owen Campbell	N		
11	1st Exit Roundabout	Killyliss Rd	Simon Godon	N	1 Can do it if needed	
			Simon's Friend	N		
12	Left Turn	Killyliss Rd / Ballygawley Rd	Brenda Ferrity	Y	Lead Cars to push on - No sightlines between Junction 12 & 13 and this will be a busy section that could affect the race in the last 5km. Marshals to signal Race Approaching with Whistles	
			Mark Cullen	Y		
			Brendan Creely			
			4			
13	Left Turn	Ballygawley Rd / Reaskmore Rd	Brian McAllister	Y	PSNI TO ASSIST (If Available) - Lead Cars to push on - No sightlines between Junction 12 & 13 and this will be a busy section that could affect the race in the last 5km. Marshals to signal Race Approaching with Whistles	
			Joe Devlin	N		
			Gareth Devine	N		
			PSNI			
14	CAUTION - Right Turn - ONE WAY ROAD CLOSURE	Reaskmore Rd - Woodlough Road	Ethan Downey	Y	Temporary Road Closure in Place Dir. Dungannon ONLY. Marshals to control the flow of traffic through the finish line. PSNI to Assist (If Available)	
			Derek King	Y		
			Geordie Glendenning to 13:00	Up Reaskmore Hill		
			Gary Rafferty - 13:00			
			Vanessa Rafferty - 13:00			
PSNI	If Available					

Marshal Rota Cont...

Sunday - Road Race

Cycling Ireland National Road Race Championships 2023
Event HQ: Killymaddy Centre - BT70 1TF

Marshal Brief Location: Killymaddy Centre - BT70 1TF
Marshal Brief Time: 07:30
Chief Marshal: Aidan Lafferty - 07980 606691



Cycling Ireland National Road Championships Marshal Rota - Sunday 25th June 2023						
Marshal Point	Hazard	Road Name	Marshal	Accredited Y/N	Notes	Confirmed
1	Road Closure	Woodlough Rd / Quinns Corner	James McCourt		Road Closure in Place Dir. Dungannon.	
			Ethan Downey	Y		
2	Left Turn	Woodlough Rd / Killymoyle Rd	Seamus Mulhiolland	Yes		
			Marty O'Donnell	N		
			3			
3	Straight Through - Crossroads	Killymoyle Rd / Clontyclevin Rd	1			
			2			
4	CAUTION NARROW BRIDGE	CLONTYCLEVIN RD	Dean Burnside	Y	Whistles & Contact to Stop Traffic approaching the Junction - Early Sunday Church Service also a hazard	
			John Donaghy	Y		
			3			
5	Upper Clonaneese Church	CLONTYCLEVIN RD	Velocity Road Club	N	Church Service on Sunday. Spectators will use the "top" Carpark.	
6	Straight Through - Crossroads	Clontyclevin Rd / Castletown Rd	Velocity Road Club	N		
			Velocity Road Club	N		
7	CAUTION - Left Turn	Castletown Rd / B35	Bob Graham	Y	First Marshal to be spotter with Whistle for Advance Warning of Race Approaching	
			Barry Bleeks	Y		
			Martin Graham	N		
			Simon Godon	N		
8	Straight Through - Crossroads	B35 Greystone	Gerard Scott	N		
			Martin Boyle	N		
9	CAUTION - Left Turn - ROAD NARROWS	B35 LEGILLY RD - KILLYLISS RD	Armagh City Cyclists	Y	Poor Sightlines for traffic approaching from Granville. PSNI To Assist - BUSY FAST Junction	
				Y		
				N		
				N		
				PSNI		
10	2ND Exit Roundabout - DO NOT CUT	Killyliss Rd	John Ferrity	N	Place Temp Barrier so riders cannot CUT the Roundabout	
			Cathal McGuigan	Y		
			Brian Murray 10:30	N		
			4	N		
11	1st Exit Roundabout	Killyliss Rd	Jonny Hadden	N	1 Can do it if needed	
			Ronan Campbell 10:00	N		
12	Left Turn	Killyliss Rd / Ballygawley Rd	Brenda Ferrity	Y	Lead Cars to push on - No sightlines between Junction 12 & 13 and this will be a busy section that could affect the race in the last 5km. Marshals to signal Race Approaching with Whistles	
			Mark Cullen	Y		
			Brendan Creely	N		
			4			
13	Left Turn	Ballygawley Rd / Reaskmore Rd	Dermot McCabe	Y	Lead Cars to push on - No sightlines between Junction 12 & 13 and this will be a busy section that could affect the race in the last 5km. Marshals to signal Race Approaching with Whistles	
			Noel McLoughlin	Y		
			Fergus Bain			
			PSNI			
14	CAUTION - Right Turn - ONE WAY ROAD CLOSURE	Reaskmore Rd - Woodlough Road	Thomas Hepburn	Y	Temporary Road Closure in Place Dir. Dungannon ONLY. Marshals to control the flow of traffic through the finish line. PSNI to Assist	
			Brian McAllister	Y		
			Brian Mitchell	Up Reaskmore Hill		
			Sean Scullion			